



GUIDE/WEEK 11 OF 2025

Time	<p align="center">Monday 10th March 2025 ****UN NOUVEAU JOUR**** 06 :00AM-09 :00AM <u>International Bagpipe Day</u> <u>International Day of Awesomeness</u> <u>International Day of Women Judges</u> <u>International Wig Day</u></p>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07.30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON*****
09:30AM	Interview : - Ms. Flora Ahtion-Lasante nou ronyon e prevansyon pou anpes ou al lo dyaliz pou mark Lazournen Mondyal Ronyon ki tonm le 13 Mars. Tenm sa lannen i 'Eski ou ronyon i ok' ?
10:15 AM	Death Messages
10:30AM	Animasyon
11:30AM	Kwen Lapoezi: - Nou entrodwir en poenm avek bann oditer e zot analize oubyen nou donn bann oditer en tenm e zot ekri en poenm e apre partaz avek nou bann lezot oditer an direk lo radyo. Sa bann poenm i kapab ganny zize par bann oditer zot menm e la gannyan i swazir en sanson son swa.
12:00PM	*****SEYLUNCH-12:00-16:00HRS*****
12:05 PM	Announcements and Messages
12: 30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
1:30 PM	Nouvel Sport
2:00 PM	Studio Clinic : - Lasante nou ronyon. Nou partaz temwanyaz bann ki lo dyaliz e sa kinn fer 'Kidney Transplant'.-(Rpt)
15:00PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS
03:00PM	Animasyon
4:00PM	Weather Update

4:15PM	Envite: -
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5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	***** SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS *****

Time	Monday 10th March 2025 *****UN NOUVEAU JOUR**** 06:00AM-10:00AM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lemonn Travay: -Pou kapab annan en bon ranman dan travay I enportan pou annan en lanvironnman ki favorab – dan premye programm lemonn travay sa lannen nou koz lo lasante ek sekirite dan landwa travay. (Prog 1)
8:30 PM	Lospitalite: - Dan premye programm pour sa lannen, nou anmenn ou plizyer devlopman ki pe arive dan nou lendistri tourism depi komansman sa lannen. Nou zwenn Madanm Sherin Francis, Minis Sylvestre Radegonde, Madanm Bernadette Willemin e Msye Roland Rasool (Prog 1)
9:30 PM	Animasyon
10:00PM	***** FOLLOWED BY EVENING CONTINUITY BROADCAST *****
Time	Monday 10th March 2025 22:00 HRS TO 06:00 HRS
01:00 AM	Music
02:00 AM	Theatre Radiophonique:- Le secret de la defense
03:00 AM	Nature Watch: - Bwa manmay
04:00 AM	Music
05:00 AM	Plim dan lank: - Poet Marie-Neige Philoe
10:00 PM	Lekonomi nou lakour: - (Goute ki an bonn sante e ekonomik po zanfan lekol
11:00 PM	Live strong live better: - (Importance and benefits of sleep
	Music



Time	Tuesday 11th March 2025 *****UN NOUVEAU JOUR**** 06:00 AM TO 09:00AM <u>World Plumbing Day</u> <u>Worship of Tools Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:00 AM	NATIONAL ASSEMBLY- LIVE FROM ILE DU PORT.
10:15 AM	Death Messages
11:00 AM	NATIONAL ASSEMBLY- LIVE FROM ILE DU PORT.
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00PM	Kwen Detant- (Les melodies Françaises)
1:30PM	Nouvel Sport
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS*****
3:30 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	*****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****



Time	Tuesday 11th March 2025 *****UN NOUVEAU JOUR***** 06:00AM AM TO 09:00 AM
6:00PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Il ou Elle: - Dan nou premye program nou analiz enpe lo lenportans telefonn mobil parmi bann itilizater, nou osi koz avek Ms. Monica Uzice ki Deputy for Student Support kot lekol Primer Anse Etoile ki koz lo bann mezir ki son lekol inn enplimante an relasyon avek lilizasyon telefonn mobil dan lakour lekol. E nou osi koz avek lezot endividi ki partaz zot konsern an relasyon ek sa size. (Prog 1)
8:30 PM	Lanmizik Nou Zil: - Dan premye program lanmizik nou zil pour sa lannen , nou pour dekouver bann nouvo single ki lo marse e osi nou pour konn bann prosedir pou permet en artis kapab met son lanmizik lo radyo SBC. Nou osi apran ki lekol lanmizik i annann pour ofer sa lannen- (Prog 1)
9:30 PM	Animasyon
10:00 PM Time	Tuesday 11th March 2025 22:00 Hrs To 06:00 Hrs Continuity Broadcast
12:00 AM	Lemonn Lar: - Lansman zeritye
01:00 AM	Music
02:00 AM	Polisi ek prosedir disiplin dan lekol : - Labi ek menas
03:00 AM	Music
04:00 AM	Nou Pre Nou Lwen: - Partisipasyon Gilbert Denis et Michel Dogley dan lekol lanmizik
05:00 AM	Zistwar Kreol: - Prensens demi fey roz
10:00 PM	Jazz from the heart of America: -This week, host Dan Bindert features recent recordings from rising stars Luther Allison and Sarah Hanahan, plus we remember the late superstar Roberta Flack and saxophonist Bunky Green.
11:00 PM	Music



Time	Wednesday 12th March 2025 *****UN NOUVEAU JOUR**** 06:00 AM TO 09:00AM <u>World Glaucoma Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:20 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Lemonn Travay: -Pou kapab annan en bon rannman dan travay I enportan pou annan en lanvironnman ki favorab – dan premye programm lemonn travay sa lannen nou koz lo lasante ek sekirite dan landwa travay. (Prog 1)-(Rpt)
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS *****
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:30 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: -(Vye Paz)
1:30 PM	Nouvel Sport
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	*****LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:30 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	*****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*****



Time	Wednesday 12th March 2025 *****UN NOUVEAU JOUR**** 06:00 AM TO 09:00 AM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Nou Lanvironman: - Dan nou premye program pour sa lannen nou dekouver enpe plis lo lenportans lanmar e osi detrwa parmi bann aktivite pou mark Lazournen Enternasyonal Lanmar ki ti ganny observe le 2 Frevriye. (Prog 1)
8:30 PM	Mozaik: -Dan nou premye program pour sa lannen nou konn plis lo lekzibisyon par lenstitisyon SIAD (Seychelles Institute of Art and Design) en legzibisyon kot bann ensenyan ti montre enn de travay lar ki zot fer. Nou selebre Lazournen Lalang Maternel dan aktivite edikasyonnel, literer e kiltire e nou al dan Latelye kreolizasyon dan servis ek lespas piblik. (Prog 1)
9:30 PM	Animasyon
10:00 PM	Followed by Evening Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Wednesday 12th March 2025
12:00 AM	Laz Dor: - Sponsored walk Bel ombre-aktivite sosyal bingo Anse Boileau
01:00 AM	Music
02:00 AM	Studio Clinic: - Nouvo vaksen hexavalent e lobesite
03:00 AM	Music
04:00 AM	Profil: - Jahrimba
05:00 PM	Kazyé: - Eski lapea I ekonomikman rantab
10:00 PM	En par Nou tradisyon: - Lakaz tradisyonel
11:00 PM	Music



Time	<p>Thursday 13th March 2025 *****UN NOUVEAU JOUR***** 06:00AM-09:00AM <u>International Every Girl Wins Day</u> <u>International Riesling Day</u> <u>International School Meals Day</u> <u>Popcorn Lover's Day</u></p>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Nou Lanvironman: - Dan nou premye program pour sa lannen nou dekouver enpe plis lo lenportans lanmar e osi detrwa parmi bann aktivite pou mark Lazournen Enternasyonal Lanmar ki ti ganny observe le 2 Frevriye. (Prog 1) (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12:00 HRS *****
09:30 AM	Mozaik: -Dan nou premye program pour sa lannen nou konn plis lo lekzibisyon par lenstitisyon SIAD (Seychelles Institute of Art and Design) en legzibisyon kot bann ensenyan ti montre enn de travay lar ki zot fer. Nou selebre Lazournen Lalang Maternel dan aktivite edikasyonnel, literer e kiltire e nou al dan Latelye kreolizasyon dan servis ek lespas piblik. (Prog 1)-(Rpt)
10:15 AM	Death Messages
10:30 AM	Animasyon
11:00 AM	Envite: - Kanpanny 'Dry March'-Reprezantan sorti kot DSAPTR
11:30 AM	Live Spelling Challenge: -Oditer I telefonnen pou eple en mo ki sa prezantater I donner li oubyen nou osi donn oditer en ' Word of the Day ' e nou esplik son sinifikasyon e demann oditer pou fer bann fraz avek sa mo.
12:00 PM	*****SEYLUNCH-12:00 HRS -15:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant-(The Classics of the 60's)
1:30 PM	Nouvel Sport
3:00 PM	*****LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****

3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	Depay ou difil : - Nou donn oditer en sitiasyon difisil e la zot esplik nou ki mannyer zot pou sorti ladan e propoz bann solisyon pou sa problemn. Si zot pa kapab lezot oditer i kapab kontribye zot nide e zot pwenvi- (Par telefonn, sms, WhatsApp, Laplikasyon)
5:00 PM	Informations
5 :30 PM	Announcements and Messages
6:00 PM	*****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
6:15 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Randevou Kot Lekol: -Dan nou premye program pour sa lannen nou rann en vizit lekol Primer Port Glaud. Nou dekouver zot plan laprantisaz, zot bann aktivite edikasyonel, nou koz avek bann etidyan e bann ansenyan e osi dekouver listwar sa lekol osi- (Prog 1)
8:30 PM	Citizenship Matters : - Nou demar sa seri porgram pour sa lannen par koz lo rol en administrater distrik. Nou pou vwar dan ki fason zot deservi lakominote. Nou koz avek Madanm Denise Clarisse – Direkter Zeneral kot Minister Gouvernement lokal, Mde Cynthia Harryba (DA Anse Royale) Ms Marianne Florentine (DA Plaisance) e Ms. Chantal Mahoune (DA St Louis)- (Prog 1)
9:00 PM	Animasyon
10:00 PM	Cabinet Press Briefing followed by the Evening Continuity.
Time	22:00 HRS TO 06:00 HRS
	Thursday 13th March 2025
12:00 AM	Portre: - Allen Julie
01:00 AM	Music
02:00 AM	Kwen Legal: - Legal aid (Part 2)
03:00 AM	Music
04:00AM	I pa ankor tro tar: - Si I pa tpu ou I a fer ou vin pli for
05:00 AM	His Masters voice: - Marydiana Suzette
10:00 PM	Cabinet Press Briefing
11:00 PM	Music



Time	Friday 14th March 2025 *****UN NOUVEAU JOUR** 06:00 AM TO 10:00AM <u>International Day of Mathematics</u> <u>International Ask a Question Day</u> <u>Genius Day</u> <u>March Full Moon</u> <u>World Sleep Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:30 AM	Il ou Elle: - Dan nou premye program nou analiz enpe lo lenportans telefonn mobil parmi bann itilizater, nou osi koz avek Ms. Monica Uzice ki Deputy for Student Support kot lekol Primer Anse Etoile ki koz lo bann mezir ki son lekol inn enplimante an relasyon avek lilizasyon telefonn mobil dan lakour lekol. E nou osi koz avek lezot endividi ki partaz zot konsern an relasyon ek sa size. (Prog 1)-(Rpt)
10:15 AM	Death Messages
11:30 PM	Fon Lanmal: -
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant - (Feel Good Fridays)
1:30PM	Nouvel Sport
2:00 PM	Animasyon
3:00PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS*****
3:00 PM	Lanmizik Nou Zil: - Dan premye program lanmizik nou zil pour sa lannen , nou pour dekouver bann nouvo single ki lo marse e osi nou pour konn bann prosedir pou permet en artis kapab met son lanmizik lo radyo SBC. Nou osi apran ki lekol lanmizik i

	annann pour ofer sa lannen-(Prog 1) -(Rpt)
4:00 PM	Weather Update
4:15 PM	Envite:-
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	*****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 14th March 2025 *****UN NOUVEAU JOUR***
6:00 PM	News Bulletin
6:15 PM	Radio Religion: - 'Nation Muslim Council'
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Science Unscripted:-
8:30 PM	Border Crossings: - (Programme from Voice of America)
9:30 PM	Animasyon
10:00 PM	Super Flash back with Jonathin Agathin followed by the Evening Continuity.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 14th March 2025
12:00 AM	Elle: - Artis Christine Chetty
01:00 AM	Music
02:00 AM	Fer konesans:- Channel Joseph
03:00 AM	Music
04:00 AM	Zistwar Kreol: - Trwa Fer
05:00 AM	Country sunshine: - Octavie Prosper
10:00 PM	Super Flash Back with Jonathan Agathin
11:00 PM	Music



Time	<p>Saturday 15th March 2025 ****UN NOUVEAU JOUR*** 06:00 AM TO 10:00 AM <u>International Day Against Police Brutality</u> <u>International Sports Car Racing Day</u> <u>World Essential Workers Day</u> <u>World Contact Day</u> <u>World Speech Day</u> <u>Brutus Day</u></p>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:15 AM	Death Messages
10:00 AM	<p>Randevou Kot Lekol: -Dan nou premye program pou sa lannen nou rann en vizit lekol Primer Port Glaud. Nou dekouver zot plan laprantisaz, zot bann aktivite edikasyonel, nou koz avek bann etidyan e bann ansenyan e osi dekouver listwar sa lekol osi- (Prog 1)-(Rpt)</p>
11:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
11:30 AM	Animasyon
12:30 PM	Rezimen Nouvel
12:35 PM	Announcements and Messages
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS*****
2:00 PM	Saturday Sports-Sports News- (Local and International)
3:00 PM	Animasyon Sportif
3:45 PM	News Round Up (English and French)
4:00 PM	Radyo Foot: - 'Live' from Stad Linite, Beau Vallon vs Revengers-(Championship)
4:30 PM	Animasyon Sportif
6:00 PM	*****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS****
6:15 PM	Radio Religion: - 'Seventh Day Adventist'

7:00 PM	Bilten Nouvel
7:30 PM	Announcements and Messages
9:00 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon publik
10:00PM	Followed by Evening Continuity Broadcast



Time	Saturday 15th March 2025 *****22:00 HRS TO 06:00 HRS**
12:00 AM	Lakwizin: - Nou koz lo gro piman
01:00 AM	Music.
02:00 AM	Voyaz :- Sanson lo bann diferan dimoun
03:00 AM	Music
04:00 AM	Mic check: - Ruth Louise
05:00 AM	Konsej Pratik: - Apresye nou bann dimoun ki pli pros ek nou
10:00 PM	Nou Lespes Andemik :- Paradise flycatcher (Vev)
11:00 PM	Music



Time	Sunday 16th March 2025 ***UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM <u>Black Press Day</u> <u>Driving Instructor Day</u> <u>Freedom of Information Day</u> <u>Lips Appreciation Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
08:00 AM	Refleksyon Karenm
09:00 AM	Mass from St. Paul's Cathedral-(Anglican Diocese)
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:30 PM	Rezime Nouvel
12:35 PM	Announcements and Messages
1:00 PM	Animasyon
1:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
2:00 PM	Nouvel Sport followed by Animasyon (Shout out pour laniverser maryaz/country& Western)
4:00 PM	News Round Up (English & French back-to-back)
5:00 PM	Frenchy Box with Jonathan Agathin
5:30 PM	*****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS*****
6:10 PM	Animasyon
6:15 PM	Radio Religion: - 'Roman Catholic Church'
6:30 PM	Announcements and Messages
7:00 PM	Bilten Nouvel
7:30 PM	Country Hits -Programme from the voice of America
8:00 PM	Weekly Radio Guide
8:30 PM	Non-Stop Music - (Slow & Sentimental)
9:00 PM	Animasyon
10:00 PM	Super Flashback with Jonathan Agathin followed by the Evening Continuity.



Time	Sunday 16th March 2025 *****22:00 HRS TO 06:00 HRS****
12:00 AM	Vizit: - Print House
01:00 AM	Music
02:00 AM	Kouler lavi: - Bann ka medical ki annan pou fer avek drog ek lalkol
03:00 AM	Music
04:00 AM	Lanatir An abondans: - Eliminasyon kato ver
05:00 AM	Zistwar Kreol: - Vaut mieux p'tit chez ou qui grand chez les autres
10:00 PM	Super Flash Back with Jonathan Agathin
11:00 PM	Super Flash Back with Jonathan Agathin

