

SBC1 TV PROGRAMME SCHEDULE		
FRIDAY 07TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:08	Rainbow Ruby	Ep37/38
08:34	Bob the Builder	Ep 9/10
08:58	Series: Grandpa in my Pocket	Ep 9/10
09:27	Entertainment: Steven and Chris	
10:10	Doc: The Power of Thought	
10:38	Magazine: Exploration Planete	Ep 5
11:08	Magazine: How Do They Do It	Ep 28
11:33	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 25
13:50	Doc: Dogs and Us- The Secret of Friendship	
14:35	Series: The Athena	Ep 16
15:02	Cartoon Time	
17:15	Series: Swashbuckle	S2Ep005
17:45	Kids Fitness With Emma	Ep 7
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Lakwizin	Ep 18
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Game Show: Bridge of Lies	Ep 1
21:47	Série: OPJ: Pacifique-Sud	Ep 12
22:38	Series: Frankie Drake Mysteries	Ep 13
23:33	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
SATURDAY 08TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Aerobingo Draw (Rpt)	
08:08	Cartoon Time	
10:18	Enchanted Tales	
11:00	Series: Backstage	S02Ep04
11:24	Magazine: Rev	
11:52	Series: Junior Bake Off	S07Ep11
12:38	Series: Make it or Break it	Ep 8
13:22	Series: Heidi Welcome Home	Ep 21
14:08	Series: Poh's Kitchen Secrets	Ep 4
14:35	Series: Doc Martin	Ep 8
15:24	Entertainment: Europe in Concert	
16:09	Series: The Ideal City	Ep 4
16:55	Series: Itch	Ep 1
17:22	Series: Forever My Love	Ep 10
18:10	Doc: Water is Our Future	Ep 2
19:03	Katy Perry- The Outrageous World of Katy Perry	
20:00	Nouvel+Sport	
21:00	Movie: Sweet Inspirations	
22:45	Fashion Week 2024	
00:50	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
SUNDAY 09TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
07:00	Senm Laglwar	
08:00	Cartoon Time	
10:12	Series: Maggie & Bianca	Ep 56
10:38	Series: Mystic	Ep 12
11:06	Series: Born to Spy	Ep 1
11:34	Short Magazine-Sport Life	
11:47	Comedy: The Neighborhood	Ep 11
12:10	Series: Without You	Ep 66
13:00	Show : The Amigos	
16:11	Series: My Perfect Landing	Ep 7
16:35	Movie: You Can't Teach Love	
18:10	Series: The Durrells	S03Ep08
19:00	Series: Going Home	Ep 1
20:00	Nouvel+Sport	
21:00	Telenovela: Sweet Diva	Ep 1 of 64
22:34	Comedy: Bad Move	Ep 2
23:00	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
MONDAY 10TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Rainbow Ruby	Ep 39/40
08:26	Bob the Builder	Ep 11/12
08:50	Series: Grandpa in my Pocket	Ep 11/12
09:20	Entertainment: Steven and Chris	
10:04	Comedy: Modern Family	S2 Ep24
10:25	Series: Great Chefs	Ep 17
10:50	Magazine: Close up	
11:20	Collection Thalassa	Ep 44
11:45	Magazine: Healthy Living	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 26
13:50	Doc: Deep Sea Greed	
14:35	Magazine: Tomorrow Today	
15:02	Cartoon Time	
17:15	Series: Popularity Papers	Ep 3
17:45	Kids Fitness With Emma	Ep 8
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Doc: Smart Insects- How tiny brain do brilliant things	
20:00	Nouvel+Sport	
21:00	Tête à tête	Ep 8
21:30	Series: The River	Ep 144
22:15	Series: In The Dark	Ep 9
23:00	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
TUESDAY 11TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Rainbow Ruby	Ep 41/42
08:26	Bob the Builder	Ep 13/14
08:50	Series: Grandpa in my Pocket	Ep 13/14
09:20	Entertainment: Steven and Chris	
10:04	Magazine: Euromaxx	
10:32	Legzersis 3enm az-Pg.1	
10:53	Series: What's really in our food	Ep 8
11:16	Magazine: VOA Connect	Ep 36
11:46	Magazine: Healthy Living	
12:01	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 27
13:50	Doc: Maddy the Model	
14:35	Series: Bushwhacked	S02Ep06
15:00	Series: The Other Kingdom	Ep 11
15:25	Cartoon Time	
17:30	Series: Mr Bloom's Nursery	Ep 17
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Series: Jamie Johnson	Ep 5
19:41	Short Magazine	
20:00	Nouvel+Sport	
21:00	Comedy: The Neighborhood	Ep 46
21:25	Téléfilm: Un Père Idéal	
23:00	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
WEDNESDAY 12TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Rainbow Ruby	Ep 43/44
08:26	Bob the Builder	Ep 15/16
08:50	Series: Grandpa in my Pocket	Ep 15/16
09:20	Entertainment: Steven and Chris	
10:04	Magazine: Eco India	
10:32	Magazine: Vanishing Food	Ep 3
10:56	Magazine: Global Us	
11:25	Comedy: House of Payne	Ep 54
11:47	Magazine: Healthy Living	
12:02	Magazine: Initiative Africa	Ep 45
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 28
13:50	Doc: Saint Helena - A Bastion of Biodiversity	
14:35	Series: The Athena	Ep 17
15:02	Cartoon Time	
17:15	Series: Popularity Papers	Ep 4
17:45	Kids Fitness With Emma	Ep 9
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Magazine: Africa Eye	
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Series: The Split	S3Ep02
21:46	Series: CSI: Cyber	Ep 7
22:30	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
THURSDAY 13TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Rainbow Ruby	Ep 45/46
08:26	Bob the Builder	Ep 17/18
08:50	Series: Grandpa in my Pocket	Ep17/18
09:20	Entertainment: Steven and Chris	
10:04	Doc: The Politics of Climate Change	
10:31	Legzersis 3enm az-Pg.2	
10:52	Magazine: Innovation Nation	Ep11
11:17	Magazine: Espace Francophone	
11:45	Magazine: Healthy Living	
12:01	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 29
13:50	Doc: Hong Kong	
14:35	Series: Bushwhacked	S02Ep07
15:00	Series: The Other Kingdom	Ep 12
15:25	Cartoon Time	
17:30	Magazine: Eco Africa	
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Magazine: Voices	Ep 45
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Telenovela: Sweet Diva	Ep 2 of 64
22:33	Series: Billions	S07Ep05
23:30	BBC World News	

SBC1 TV PROGRAMME SCHEDULE		
FRIDAY 14TH MARCH 2025		
Start Time	Programme Title	Episode Title
06:00	Bonzour Sesel	
08:00	Treble Chance 75 (Rpt)	
08:08	Rainbow Ruby	Ep 47/48
08:34	Bob the Builder	Ep 19/20
08:58	Series: Grandpa in my Pocket	Ep 19/20
09:27	Entertainment: Steven and Chris	
10:11	Doc: The Marble Quarries of Carrana	
10:38	Magazine: Exploration Planete	Ep 6
11:06	Magazine: How Do They Do It	Ep 29
11:30	Magazine: Treasures of the World	
12:00	Magazine: In Good Shape	
12:30	Nouvel	
13:00	Series: A Love To Last	Ep 30
13:50	Doc: Bhuttan- Close to the Sky	
14:35	Series: The Athena	Ep 18
15:02	Cartoon Time	
17:15	Series: Swashbuckle	S2Ep06
17:45	Kids Fitness With Emma	Ep 10
18:00	Flash d'Informations	
18:05	Topik konversasyon 2025	
19:00	News Headlines	
19:10	Lakwizin	Ep 19
19:40	Short Magazine	
20:00	Nouvel+Sport	
21:00	Game Show: Bridge of Lies	Ep 2
21:46	Série: OPJ: Pacifique-Sud	Ep 13
22:35	Series: Frankie Drake Mysteries	Ep 14
23:20	BBC World News	