



St.Louis Hill 93.6MHz; Fairyland 93.0MHz; Anse Soleil 92.6MHz; Praslin 100.8MHz

PFM Guide 14th - 20th March 2026

Saturday 14th March 2026

00:00-06:00	Overnight Express
06:00-07:00	Frenchy Box Avec Jonathan
07:00-10:00	Saturday Breakfast with Sabrina
10:00-13:00	Saturday Brunch with Chanty
13:00-16:00	Reggae & Sports with Betymie
16:00-18:00	100% Soleil avec Derrick
18:00-20:00	Kouler Tropik with Nathalie
20:00-22:00	Koumsa Nou Fer Li with Queenly (RPT)
22:00-00:00	HipHop-ology with Oriji

Sunday 15th March 2026

00:00-06:00	Overnight Express
06:00-10:00	Sunday Breakfast with Jude
10:00- 13:00	PFM Chart Attack with Oriji
13:00- 15:00	Vibrasyon Kreol with Lindy and Nathalie
15:00-17:00	Maurice Dans L'ambiance avec Jonathan
17:00-19:00	Totally 90's
19:00-21:00	PIR (Rpt)
21:00-23:00	UK Chart Show
23:00-00:00	Jazz



Monday 16th March 2026

00:00-06:00	Overnight Express
06:00-10:00	Breakfast Show with- Keisha Daily motivation- Morning Praises and confession- Kids Section- News and Sports
10:00-14:00	Tripotaz avek Xtreme - Ou Pwenvi, Days Of The Year, Vibes Session, Lakwizin Meme, Chart Recap, Games sponsored by Moloko Restaurant
14:00- 18:00	The Cruize- with Sabrina packed with, le verbe du jour,sport news, People's Hour. <i>Proudly sponsored by ONZ, Club Liberte & Maz Millions.</i>
18:00- 20:00	Mic Live with Queenly. Topic: World Social Workday 2026. Envite: Social Affairs Departments representatives.
20:00- 22:00	Totally 80's
22:00-00:00	Vibrasyon Kreol with Lindy and Nathalie. (RPT)

Tuesday 17th March 2026

00:00-06:00	Overnight Express
06:00- 09:00	Breakfast Show with- Keisha Daily motivation- Morning Praises and confession- Kids Section- News and Sports.
09:00-12:00	Tripotaz avek Queenly - Ou Pwenvi, Days of The Year, Lakwizin Meme, Vibes Session, Ou annan en Minit, Games sponsored by Moloko Restaurant.
12:00-15:00	Ka-bilenga avek Chanty Packed with nou tradiksyon, in case of Emergency IOE, en petit peu en francais, agree to disagree, e kestyonnen
15:00- 18:00	The Cruize- with Jean-Michel packed with traffic information, sport news, zistwar pol batelemi People's Hour. <i>Proudly sponsored by ONZ, Club Liberte & Maz Millions.</i>
18:00-20:00	Partners In Rhyme with Oriji. Envite: Mercenary
20:00-22:00	La Bell Vie Avec Chanty.
22:00-00:00	Sound Clash (RPT)



Wednesday 18th March 2026

00:00-06:00	Overnight Express
06:00-09:00	Breakfast Show with- Xtreme Daily motivation- Morning Praises and confession- Kids Section- News and Sports
09:00-12:00	Tripotaz avek Queenly - Lakwizin Meme, Days of the Year, TDT, Vibes Session, Chart Recap, Interview, What's That Strange Thing, Games sponsored by Moloko Restaurant
12:00-15:00	Ka-bilenga avek Keisha Packed with nou tradiksyon, an Bonn sante, en petite peu en français, lanmenm dan lanmen e kot ou ete Keisha
15:00- 18:00	The Cruize- with Jean-Michel & Chanty packed with with traffic information, sport news, zistwar pol batelemi People's Hour. <i>Proudly sponsored by ONZ, Club Liberte & Maz Millions</i>
18:00- 20:00	Love Struck with Chanty.
20:00- 22:00	Maurice Dans L'ambiance avec Jonathan (RPT)
22:00-00:00	Totally 90's, 80's (RPT)

Thursday 19th March 2026

00:00-06:00	Overnight Express
06:00-09:00	Breakfast Show with- Xtreme Daily motivation- Morning Praises and confession- Kids Section- News and Sports
09:00-12:00	Tripotaz avek Queenly - Lakwizin Meme, Days of The Year, Fashion Police, Vibes Session, Interview, Ou annan en Minit, Games sponsored by Moloko Restaurant
12:00-15:00	Ka-bilenga avek Keisha Packed with nou tradiksyon, IOE, en petit peu en francais, agree to disagree, e kestyonnen
15:00- 18:00	The Cruize- with Jean-Michel & Chanty packed with with traffic information, sport news, zistwar pol batelemi People's Hour. <i>Proudly sponsored by ONZ, Club Liberte & Maz Millions</i>
18:00-20:00	Reality Check with Keisha.
20:00-22:00	HipHop-ology with Oriji (RPT)
22:00-00:00	UK Chart Show (RPT)



Friday 20th March 2026

00:00-06:00	Overnight Express
06:00-09:00	Breakfast Show with- Xtreme Daily motivation- Morning Praises and confession- Kids Section- News and Sports
09:00-12:00	Tripotaz avek Queenly - Lakwizin Meme, Days of the Year, Viral Vibes, Chart Recap, Games sponsored by Moloko Restaurant
12:00-15:00	Ka-bilenga avek Keisha Packed with nou tradiksyon, lanmen dan lanmen, en petit peu en francais, agree to disagree, e kestyonnen
15:00- 18:00	The Cruize- with Jean-Michel & Chanty packed with traffic information, sport news, zistwar Pol batelemi People's Hour. <i>Proudly sponsored by ONZ, Club Liberte & Maz Millions</i>
18:00-20:00	Frequence Paradis avec Pat
20:00-22:00	Sound Clash with DMC Xtreme
22:00-00:00	Koumsa Nou Fer Li with Queenly (rpt)