

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 7TH MARCH 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
08:00	Aerobingo Draw (Rpt)		
08:07	Animation: Semi in Magic Cube	Episode 13,14	
08:39	Animation: Petronix: Défenseurs Des Animaux	Episode 3,4	
09:05	Aimation: Mechamato	Episode 10	
09:28	Meteoheroes	S01 Ep 013,14,15	
09:52	Animation: Four and a Half Friends	Episode 8	
10:17	Enchanted Tales		
11:35	Series: Backstage	Episode 17	
12:00	Magazine: Rev		
12:30	Series: Junior Bake Off	S06 Ep015	
13:17	Series: Make it Pop	Episode 28	
13:40	Series: Mystic	Episode 6	
14:10	Series: Doc Martin	Episode 56	
15:00	Parmi Bann Zetwal	Episode 5	
15:45	Entertainment: Europe in Concert		
16:30	Series : Like a Flowing River	Episode 9	
17:16	Series: Forever My Love	Episode 58	
18:05	<b>Documentaire: Volcans du Monde</b>	Episode 6	
19:00	My Retro	S15 Episode 6	
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Series: NCIS	Episode 14	
21:53	Movie: The Wedding Pact 2 - The Baby Pact		
23:34	BBC World News		

<b>SBC1 TV PROGRAMME SCHEDULE</b>			
<b>SUNDAY 8TH MARCH 2026</b>			
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>	<b>PG Rating</b>
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
06:39	Senm Laglwar		
08:00	Animation: Semi in Magic Cube	Episode 15,16	
08:32	Animation: Petronix: Défenseurs Des Animaux	Episode 5,6	
08:58	Aimation: Mechamato	Episode 11	
09:21	Meteoheroes	S01 Ep 016,17,18	
09:45	Animation: Four and a Half Friends	Episode 9	
10:10	Animation : A Bugs Life 2		
11:42	Series: Pickle Storm	Episode 6	
12:08	Series: Lassie	Episode 12	
12:32	Series: Lab Rats	Episoee 14	
13:50	Spektak : Fanm For		
12:55	Series: Be Careful With My Heart	Episode 45	
16:30	<b>Family Movie: Horse Camp: A Love Tail</b>		PG
18:00	Series: Return to Paradise	Episode 6	PG
19:00	Series: When Calls The Heart	Episode 43	
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Telenovela: Les Larmes de la Terre	Episode 73,74	15
22:35	Movie: Game of Death		18
00:23	BBC World News		

<b>SBC1 TV PROGRAMME SCHEDULE</b>			
<b>MONDAY 9TH MARCH 2026</b>			

Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Hi Opie	Episode 6,7,8	
08:23	Animation: Bluey	Episode 25,26,27	
08:55	Series: The Wonder Gang	Episode 29,30	
09:27	Lakwizin	Episode 1	
10:03	Magazine: Fresh off the Boat	Episode 20	
10:30	Magazine: Sucrément Bon	Episode 35	
11:00	Magazine: Close up		
11:30	Magazine: Collection Thalassa		
12:00	Series: Great Chefs	Episode 16	
12:30	Nouvel		
13:00	Series : Elementary	S5 EP015	PG
13:50	Doc: Dictators ,drugs ,Discord - Pt 1		
14:34	Magazine: Tomorrow Today		
15:01	Animation: Smurfs	Episode 210	
15:25	Robot Trains	Episode 2 ,3	
15:55	Gadget	Episode 66	
16:18	Scan2Go	Episode 3	
16:43	Animation: Polly Pocket	S3Ep008	
17:05	Series: Maggie & Bianca	Episode 27	
17:35	Kids Fitness With Emma	Episode 7	
18:00	Flash d'Informations		
18:05	Topik Konversasyon 2026		
19:00	News Headlines		
19:10	Game Show: Bridge of Lies	Episode 5	
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Series: The River	Episode 195	15
21:43	Movie: Hangman		18

23:17	BBC World News		
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<b>SBC1 TV PROGRAMME SCHEDULE</b>			
<b>TUESDAY 10TH MARCH 2026</b>			
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>	<b>PG Rating</b>
06:00	Bonzour Sesel		
08:00	Hi Opie	Episode 9,10,11	
08:23	Animation: Bluey	Episode 28,29,30	
08:47	Series: The Wonder Gang	Episode 31,32	
09:27	Lakwizin	Episode 2	
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 5	
11:00	Series: What's really in our food	Episode 17	
11:30	VOA Magazine		
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series : Elementary	S5 EP016	PG
13:50	Doc: Dictators ,drugs ,Discord - Pt 2		
14:34	Series: My Best Friend is an Alien	Episode 32	
15:00	Series: Andy's Safari Adventures	Episode 33,34	
15:31	Animation: Spongo, Fuzz and Jalapena	Episode 4	
15:53	Rev and Roll	Episode 39,40	
16:42	Snorks	Episode 63	
16:55	Miss Moon	Episode 7 ,8	
17:08	Animation: Bimble's Bucket	Episode 22,23	
17:35	Series : All the Answers	Episode 1	
18:00	Flash d'Informations		
18:05	Topik Konversasyon 2026		
19:00	News Headlines		

19:10	Series: Jamie Johnson	Episode 20	
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	<b>Movers &amp; Shakers</b>	Episode 9	
21:27	Téléfilm: Au Dessus Des Nuages		15
22:58	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
WEDNESDAY 1TH MARCH 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Hi Opie	Episode 12,13,14	
08:23	Animation: Bluey	Episode 31,32,33	
08:47	Series: The Wonder Gang	Episode 33,34	
09:27	Lakwizin	Episode 3	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Magazine: Design for you	Episode 22	
11:30	Comedy: Bella's Place	Episode 10	
12:00	Series: Great Chefs	Episode 17	
12:30	Nouvel		
13:00	Series : Elementary	S5 EP017	PG
13:50	Doc: Dictators ,drugs ,Discord - Pt 3		
14:34	Series: The Next Step	Episode 30	
15:00	Series: Playtime Towers	Episode 6	
15:22	Animation: Smurfs	Episode 211	
15:50	Robot Trains	Episode 4,5	

16:20	Gadget	Episode 67	
16:42	Scan2Go	Episode 4	
17:07	Animation: Polly Pocket	S3Ep009	
17:30	Series: Maggie & Bianca	Episode 28	
18:00	Flash d'Informations		
18:05	Topik Konversasyon 2026		
19:00	News Headlines		
19:10	Magazine: Africa Eye		
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Series: A Million Little Things	Episode 31	
21:43	Movie: My Stepfather's Secret		15
23:05	BBC World News		

<b>SBC1 TV PROGRAMME SCHEDULE</b>			
<b>THURSDAY 12TH MARCH 2026</b>			
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>	<b>PG Rating</b>
06:00	Bonzour Sesel		
08:00	Hi Opie	Episode 15,16,17	
08:23	Animation: Bluey	Episode 34,35,36	
08:47	Series: The Wonder Gang	Episode 35,36	
09:27	Lakwizin	Episode 4	
10:00	Doc : The Omnivore		
10:30	Fitness Zone Plus	Episode 6	
10:52	Magazine: Innovation Nation	S17 Ep007	
11:15	Magazine: Espace Francophone		
11:44	Healthy Living		

12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series : Elementary	S5 EP018	PG
13:50	Doc Inside Amazone		
14:34	Magazine: Eco Africa		
15:00	Series: My Best Friend is an Alien	Episode 33	
15:24	Animation: Spongo, Fuzz and Jalapena	Episode 5	
15:48	Rev and Roll	Episode 41,42	
16:12	Snorks	Episode 64	
16:36	Miss Moon	Episode 9,10	
17:02	Animation: Bimble's Bucket	Episode 24,25	
17:30	Series : All the Answers	Episode 2	
18:00	Flash d'Informations		
18:05	Topik Konversasyon 2026		
19:00	News Headlines		
19:10	Magazine: Voices		
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Telenovela: Les Larmes de la Terre	Episode 75,76	15
22:35	Series: The Split	S3Ep003	15
23:41	BBC World News		

<b>SBC1 TV PROGRAMME SCHEDULE</b>			
<b>FRIDAY 13TH MARCH 2026</b>			
<b>Start Time</b>	<b>Programme Title</b>	<b>Episode Title</b>	<b>PG Rating</b>
06:00	Bonzour Sesel		
08:00	Treble Chance 75 (Rpt)		
08:07	Hi Opie	Episode 18,19,20	

08:31	Animation: Bluey	Episode 37,38,39	
08:55	Series: The Wonder Gang	Episode 37,38	
09:27	Lakwizin	Episode 5	
10:00	Doc : Reviving Switzeland's Isolate Village		
10:30	Magazine: Destination Culture		
11:00	Magazine: How Do They Do It	Episode 14	
11:30	Magazine: Treasures of the World		
12:00	Series: Great Chefs	Episode 18	
12:30	Nouvel		
13:00	Series : Elementary	S5 EP019	PG
13:50	Doc : Dock workers and drug Cartels		
14:34	Series: The Next Step	Episode 31	
15:00	Animation: Smurfs	Episode 212	
15:24	Robot Trains	Episode 6,7	
15:54	Gadget	Episode 68	
16:17	Scan2Go	Episode 5	
16:42	Animation: Polly Pocket	S3Ep010	
17:10	Series: Swashbuckle	S3 Ep022	
17:35	Kids Fitness With Emma	Episode 8	
18:00	Flash d'Informations		
18:05	Topik Konversasyon 2026		
19:00	News Headlines		
19:10	<b>Talk Show : Seyliwood</b>	Episode 2	
19:25	<b>Dokimanter : Soumaren</b>	Episode 2	
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	<b>Game Show: The Weakest Link</b>	S3 EP 6	
21:46	Series: NCIS Hawaii	Episode 12	15
22:29	Movie: Gourmet Detective 1		15

23:53	BBC World News		
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