



GUIDE/WEEK 17 OF 2026

Time	Monday 20th April 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** <u>Chinese Language Day</u> <u>Volunteer Recognition Day-(UK and Canada)</u>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07.30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:05AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:00AM	Annou Kree: Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer.i kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikorde oubyen envit partisipan dan studio.
12:00PM	*****SEYLUNCH-12NOON-15:00HRS*****
12:05PM	Annoucement and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
2:00PM	Animasyon
03:00PM	*****LANBYANS TROPIKALHRS-15:00HRS-18:00HR3*****
3:05PM	Animasyon
4:00PM	Weather Update
4:15PM	Envite:



5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 20th April 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	<p>Priorite Sante: - Hypertension artérielle : 1,4 milliard d'adultes touchés. L'hypertension artérielle est une maladie chronique qui se caractérise par une augmentation anormale de la pression dans les artères. Souvent longtemps asymptomatique, elle nécessite un traitement pour éviter les risques cardiovasculaires. Selon l'OMS, en 2024, 1,4 milliard d'adultes étaient concernés par l'hypertension dans le monde, dont 600 millions l'ignoraient.</p> <p>Peut-on prévenir l'hypertension artérielle ? Quels sont les traitements existants ? Comment améliorer le dépistage et la prise en charge ?</p>
8:30 PM	<p>Sesel an Kouler:- Dan program sa mwan, nou dekouver plis lo bann 'grant' pou bann zenn atraver 'Confejes', nou pou osi konn plis lo RD Printing, nou osi dekouver sa nouvo fason fer ladyet ki apel '123 Diet Drop' e program lafyerte nou kiltir dan distrik Anse Royale.</p> <p>(To be repeated on Thursday 23rd April at 8:00am)</p>
9:30 PM	Animasyon
Time	Monday 20 th April 2026 22:00 HRS TO 06:00 HRS
01:00 AM	Theatre Radiophonique Anthologie du mystere: - Mortel Chagrin
02:00 AM	Kwayans Popiler: - Vizit kot dantis
03:00 AM	Music
04:00 AM	Lemonn travay: - Dan program sa semenn, nou pou adres sa size 'Mentorship' e rol enportan ki i zwe pou siport bann pti biznes.Enn nou bann envite se Msye Peter Roselie.
05:00 AM	Jardinage: - Merod shimik pour control pest
10:00 PM	En par nou tradisyon:- Zouzou tradisyonel
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 21st April '2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM* <u>World Creativity and Innovation Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08: 30AM	Lospitalite: Nou vizit bann pti antreprenner dan lendistri Tourizm, vizavi sa konfli Mwayenn Oriyan, e dekouver ki manyer zot biznes pe ganny afekte (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:00 AM	Animasyon
10:15 AM	Death Messages
11:00AM	Animasyon
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00PM	Kwen Detant- (Les melodies Françaises)
2:00PM	Animasyon
3:00 PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS*****
3:30 PM	Animasyon
4:00 PM	Weather Update
4:15PM	Envite:
5:00 PM	Information
5:30 PM	Announcements and Messages
6:00 PM	****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS**



Time	<p style="text-align: center;">Tuesday 21st April 2026 ****UN NOUVEAU JOUR**** 06:00PM TO 10:00 PM</p>
6:00PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Living Planet: - Rats' infestation in many cities, from New York to Berlin to Toronto, it appears rats are not just surviving but they are thriving. So, what is going on are rats taking over? Or they are showing us something about the way we live.....
8:30 PM	Lanmizik nou zil:- Sa mwan dan program nou koz avek de zenn artis kin fek fer sorti zot nouvo single resaman,ou anmenn ou seremoni lansman Vinyl rikord lanmizik Kreol Sesel sa par Gilles Lionnet, Lansman nouvo album av ek tit Donn valer par Joseph Sinon e osi final Konkour sanson Franse pou bann lekol segonder e primer parmi lezot size enteresan ankore.
9:30 PM	Animasyon
10:00PM	Followed by continuity broadcast
Time 10:00 PM	<p style="text-align: center;">Tuesday 21st April 2026 22:00 Hrs To 06:00 Hrs Continuity Broadcast</p>
12:00 AM	Image: - Patrick Vidot
01:00 AM	Music
02:00 AM	Ou sinyatir: - Camille
03:00 AM	Music
04:00 AM	Nou Lanvironman:- Dan program sa mwan nou kontinny nou vizit kot sant Biodiversite dan konpani Sir Terrence Vel e msye Damien Doudee. Nou osi ganny sans dekouver aktivite ki ti ganny organize pou komemor lazournen enternasyonal pou lafore ki ti selebre le 21 Mars
05:00 AM	Pti antreprenner: - WASO
10:00 PM	Leko Mizikal: -Jude Decommarmond e Winsley Cedras
11:00 PM	Music



Time	Wednesday 22nd April 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM* Earth Day International Day of Girls in ICT
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:20 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	<p>Nou Lekonomi:- Governer labank santral Caroline Abel I esplik polisi moneter Labank Santral pour dezyenm kar 2026.</p> <p>Manmzel Veronique Brutus zofisye senior dan departman komers dan Minister Finance, Planifikasyon ekonomik, Komers ek Lenvestisman I esplik bann travay e aktiivite ki ganny fer dan seksyon prodwi dan sa minister pou ed bann biznes fer komers lokalman e a letranze (Rpt)</p>
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS**
09:00 AM	Animasyon
10:15 AM	Death Messages
10:30 AM	Animasyon
12:00 PM	*****SEYLUNCH-12:00HRS-15:00H R S *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: -(Vye Paz)
1:30 PM	Animasyon
2:00 PM	Animasyon
3:00 PM	*****LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:30 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	Envite:-
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*

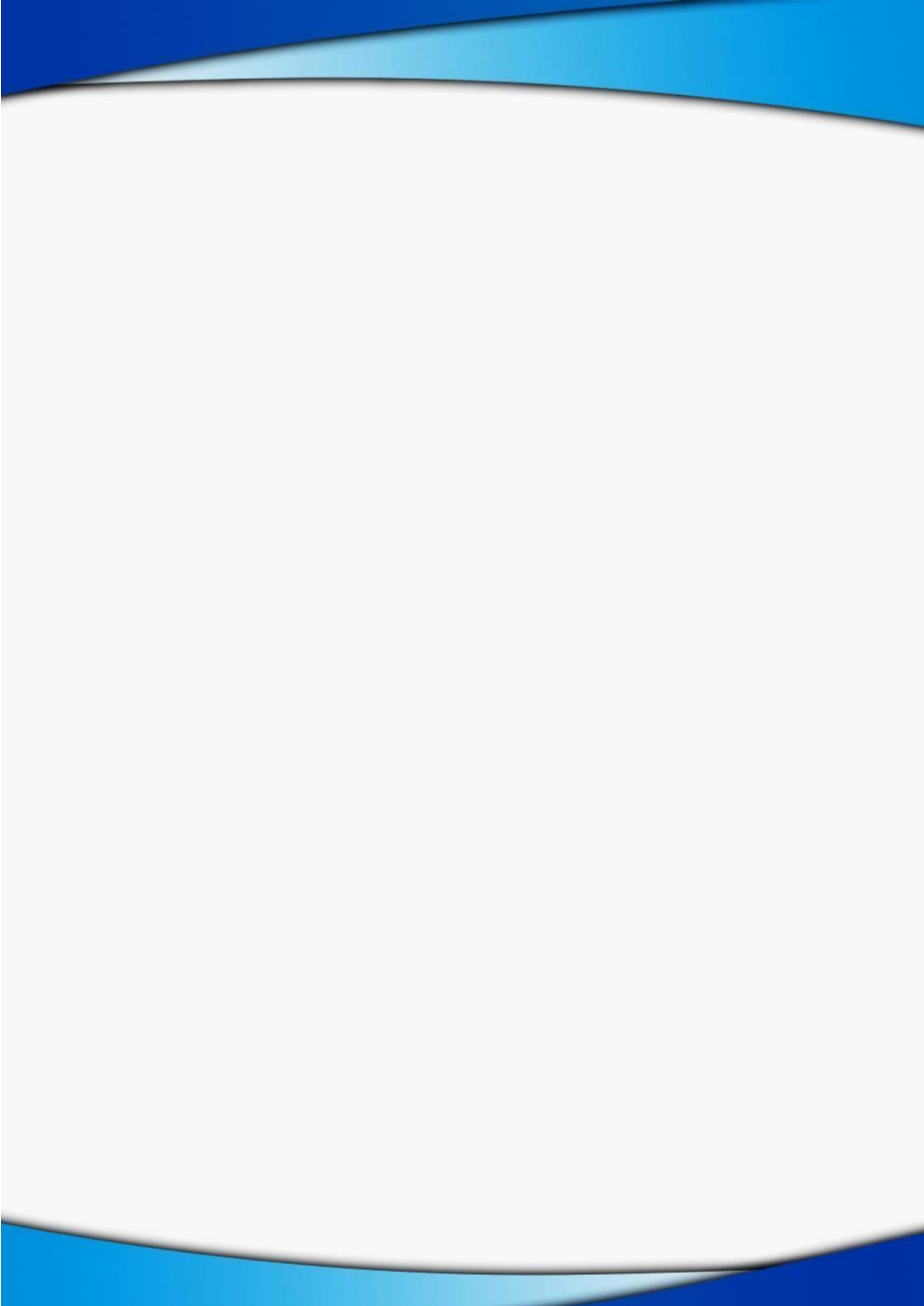


Time	Wednesday 22nd April 2026 *****UN NOUVEAU JOUR***** *6:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Tete a Tete: Monsennyer Landry Rasamison nouvo levek Dyosez Port Victoria.
8:30 PM	Laz Dor: Nou konn plis lo rol sa 2 divizyon dan Departman Lafanmiy ki responsab pou bann dimoun aze dan Sesel. Nou pou osi rankontre avek madanm Flossy Confait ki en Driver Taxi. (To be repeated on Friday 24th April at 08:00am.)
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS Wednesday 22nd April 2026
12:00 AM	Akorde: - Clement Dogley avek son nouvote
01:00 AM	Music
02:00 AM	Trezor Lanatir: - Biodiversite Anse Diri
03:00 AM	Music
04:00 AM	Lospitalite: Nou vizit bann pti antreprenner dan lendistri Tourizm, vizavi sa konfli Mwayenn Oriyan. Nou konn plis lo ki manyer zot biznes pe ganny afekte
05:00 PM	Kouler lavi: - Linite
10:00 PM	Retrouvay: - Sheila Paul I koz lo mozaik par Patrick Victor
11:00 PM	Music



Time	Thursday 23rd April 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM* <u>World Book and Copyright Day</u> <u>Picnic Day</u> <u>English Language Day</u> <u>Spanish Language Day</u> <u>World Laboratory Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Sesel an kouler: - Dan program sa mwan, nou dekouver plis lo bann 'grant' pou bann zenn atraver 'Confejes', nou pou osi konn plis lo RD Printing, nou osi dekouver sa nouvo fason fer ladyet ki apel '123 Diet Drop' e program lafyerte nou kiltir dan distrik Anse Royale. (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:30AM	The Challenge Hour: The spelling challenge -Oditer I telefonnen ou koz pou en minit lo en size ans ki zot repet sa mo oubyen sa size plis de fwa- (Guess the voice)
12:00PM	*****SEYLUNCH-12:00 HRS-15:00HRS*****
12:05PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant -(The Classics of the 90's)
2:00PM	Animasyon
3:00 PM	*****LANBYANS TROPIKAL -15:00HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	Envite:-

4:45 PM	Depay Ou Difil:- Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. OR listeners share with other listeners certain daily life hacks- (They should share their know-how live on air).
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*****
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Studio Clinic: Sa semenn dan program nou ganny plis detay lo re-entrodiksyon screening pou bann etidyan S5 e dan kwen byennet zanfan nou konn plis lo fason ki medya sosyal e lemonn nimerik i afekte devlopman en zanfan. (To be repeated on Monday 27th April at 08:00am)
8:30 PM	Memoires d'un Continent: -Chretiens et musulmans en Ethiopie: 1000 ans de coexistence (IVe-XVIe siècle) Afrique, memoires d'un continent suit l'évolution de la vie religieuse et de la cohabitation entre la chretienete et l'Islam en Ethiopie, du 4eme au 16eme siècle. Comment se pase cette cohabitation?Pacifique? Paix armee? Djihad? Quelle place pour les paiens et le judaisme? Avec la participation de l'historienne et et archeologue Marie-Laure Deart, auteure de L'Ethiopie Chretienne et islamique (VIIe-XVIe Siecle) L'Afrique ancienne. De l'Accus au Zimbanwe. 20 000 avant notre ere-XVIIe siècle.
9:30 PM	Animasyon
10:00 PM	Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	Thursday 23 rd April 2026
12:00 AM	Nou kominote: - Zestyon salte dan kominote e malady leptospiroz
01:00 AM	Music
02:00 AM	Mon Ekri: - Flora Ben David
03:00 AM	Music
04:00AM	Nou Lekonomi: - Govenner Labank Santral Caroline Abel I esplik polisi moneter labank santral pour dezyenm kar 2026. Manmzel Veronique Brutus zofisye senior dan departman komers dan Minister Finance, Planifikasyon ekonomik, Komers ek Lenvestisman I esplik bann travay e aktiivite ki ganny fer dan seksyon prodwi dan sa minister pou ed bann biznes fer komers lokalman e a letranze
05:00 AM	Verti zepis: - Kari pile
10:00 PM	Zenn Enspir zenn: - Ronny Marengo-Ruth Barbe e Janee Tamboo bann zenn dan ladans
11:00 PM	Music





Time	Friday 24th April 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00AM* <u>Fashion Revolution Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Laz Dor:- Nou konn plis lo rol sa 2 divizyon dan depart Lafanmiy ki responsab pou bann dimoun aze dan Sesel. Nou pou osi rankontre avek madanm Flossy Confait ki en Driver Taxi. (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:00 AM	Animasyon
10:15 AM	Death Messages
11:00 AM	Animasyon
11:30 PM	Fon Lanmal: -
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant - (Feel Good Fridays)
1:30PM	Animasyon
2:00 PM	Animasyon
3:00PM	****LANBYANS TROPIKAL-15:00HRS-18:00HRS****

4:00PM	Weather Update
4:15PM	Envite:-
5:00 PM	Informations
5:30PM	Announcements and Messages
6:00 PM	*****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*
Time	Friday 24th April 2026-6:00p.m-10p.m.
6:00 PM	NEWS Bulletin
6:15PM	Radio Religion: - Muslim Community
6:30PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30PM	Living Planet: Pray or act? Breaking the churches' silence Climate change is reshaping the world - but inside many churches, it's barely spoken about. So, what's behind the silence?
8:00PM	Programm Parti Politik:-
9:00PM	Couleurs Tropicales:-Spéciale GOLD des 30 ans de (Épisode 1) Pour les 30 ans de Couleurs Tropicales, vivez une émission spéciale GOLD : immersion entre archives cultes et sons d'aujourd'hui avec Claudy Siar ! Revivez l'un des premiers hits parade de l'émission datant du 23 octobre 1995 et la sélection musicale du 15 septembre 2003 avec des hits d'hier pour un moment unique naviguant entre nostalgie et modernité.
10:00 PM	Moris letan Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 24th April 2026
12:00 AM	Personaz: - Allen Vidot
01:00 AM	Music
02:00 AM	Konsey Pratik: - Ki manyer nou viv pli byen
03:00 AM	Music
04:00 AM	Zistwar Kreol: - Le nain des trois idoles
05:00 AM	Mozaik: - Nou konn plis lo proze restorasyon Lorloz, Seleb्रे Lazournen Mondyal teat e nou pou osi al dan legzibisyon Georges Camille kot Kaz Zannanan.
10:00 PM	Moris letan lontan
11:00 PM	Music



Time	Saturday 25th April 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM* <u>World Malaria Day</u> <u>World Penguin Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazourmen avek Radyo Sesel
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:15 AM	Death Messages
9:30 AM	Animasyon
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ****
10:00 AM	Animasyon
12:30PM	Rezime Nouvel an kreol
12:35PM	Announcements and Messages
1:00 PM	Animasyon
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel loKal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radyo Foot:-
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:00 PM	Radio Religion:- 'Seventh Day Adventist'
7:00 PM	Bilten Nouvel an kreol
7:30PM	Announcements and Messages
8:30 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	Followed by Evening Continuity Broadcast



Time	Saturday 25th April 2026 *****22:00 HRS TO 06:00 HRS**
12:00 AM	Nature watch: - Klib wildlife
01:00 AM	Music.
02:00 AM	Mon ganny pen: - Galfa
03:00 AM	Music
04:00 AM	Nou sistenm Ledikasyon :- Lasanble spesyal Youth Hope Centre e TVET
05:00 AM	Studio Clinic: - Abortion avek miss Peggy Azemia
10:00 PM	Lo semen lavi :- Suzanne Edmond en ex-addict eroin
11:00 PM	Music



Time	Sunday 26th April 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM <u>World Intellectual Property Day</u> <u>International Chernobyl</u> <u>Remembrance Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Announcements and Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:15 AM	Ou lazournen avek Radyo Sesel
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from The Cathedral of the Immaculate Conception
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:30 PM	Rezime Nouvel an kreol
12:35 PM	Announcements and Messages
1:00 PM	Animasyon
1:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
2:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
4:00 PM	News Round Up (English & French back-to-back)
5:00 PM	Moris letan lontan avek Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
6:15 PM	Radio Religion: 'The Anglican Church'
6:30 PM	Announcements and Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lontan lo zil:- Envite Msye Frank Cesar ki partaz son parkour lo nou bann zil elwanyen- (Premye Parti)
7:50 PM	Romans :- Amoureuse infidele
8:00 PM	Weekly Radio Guide
8:15 PM	Dekouver en zil dan nou larsipel
8:30 PM	Lontan lo zil:- Envite Msye Frank Cesar ki partaz son parkour lo nou bann zil elwanyen- (2enm Parti)
9:00 PM	Reviv atraver Losean avek Thelma e Lucille
10:00 PM	Frenchy Box avec Jonathan Agathin followed by the Evening Continuity.



Time	Sunday 26th April 2026 **** 22:00 HRS TO 06:00 HRS****
12:00 AM	Album Review: - Soul on fire-Georges Agrippines
01:00 AM	Music
02:00 AM	Il ou Elle: - Retourn lekol a en laz avanse-SIDOL
03:00 AM	Music
04:00 AM	Citizenship Matters: - Dan sa enn program nou konsantre lo 20an Legzistans Fon Pansyon Sesel, e bann diferan servis ki Fon Pansyon I ofer ki sitwayen pa okouran. Partisipan I Ms Jane Suzette Head of Enforcement and Processing, Mrs Chantal Roselie, Head of Benefits e Darell Bristol reprezantan Fon Pansyon ki pour donn leklersisman lo sa bann diferan size
05:00 AM	Zistwar kreol: - Maryaz Martine ek Mathieu
10:00 PM	Frenchy Box avec Jonathan Agathin
11:00 PM	Music

