



GUIDE/WEEK 23 OF 2026

Time	<p align="center"> Monday 01st June 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** <u>Global Day of Parents</u> <u>World Milk Day</u> <u>World Reef Awareness Day</u> </p>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour/Personal Announcements and Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazourmen avek Radyo Sesel
07:15 AM	Commercial Announcements
07.30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Let pou mon byen eme: Sa mwan dan program nou koz ek en manman ki ti perdi son garson a laz 12 an 3an pase. Nou osi koz vek en madanm ki ti perdi son msye en an pase (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:30 AM	Animasyon
10:15AM	Death Messages
10:30AM	Envite :- Mr Geryle Salomon and Madanm Maria Fanchette sorti kot Minister Lanplwa ki pou koz lo reentrodiksyon program URS-(Unemployment Relief Scheme)
11:00AM	Annou Kree: Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer. I kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikored oubyen envit patisipan dan studio.
12:00PM	*****SEYLUNCH-12NOON-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
2:00PM	Animasyon
03:00PM	*****LANBYANS TROPIKALHRS-15:00HRS-18:00HR3*****
3:30PM	Animasyon
4:00PM	Weather Update

4:15PM	Envite:-
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5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 01st June 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	O Servis lezot:- Dan program, nou konn plis lo Sosyete Lakwa Rouz Sesel, son rol dan lakominote e lespri volontarya dan pei, avek Msye Kurt Lagrenade, Audrey Annette e Barbara Carolis Andre. (To be repeated on Thursday 4th June at 03:00pm)
8:30 PM	Zot lavwa zot Lasazes: Sa mwan dan program nou pou konn plis lo en madanm kin fer e ankor pe fer bokou kontribisyon dan lasosyete-Sa se Madanm Marinella Azemia. (To be repeated on Friday 05th June at 08:00am)
9:30 PM	Animasyon
Time	Monday 01st June 2026-22:00 HRS TO 06:00 HRS Continuity Broadcast
01:00 AM	Theatre Radiophonique-Anthologie du mystere: - Le metier dans le sang de Fred Kassac
02:00 AM	Coeur a Coeur: - Proteksyon bondye dan en aksidan
03:00 AM	Music
04:00 AM	Lavwa lazenes: - En deba ki adres size fer desizyon-Eski ou kwar ki zenn ozordi I annan sav re liberte pou fer zot prop desizyon san lenterferans fanmiy oubyen lasosyete
05:00 AM	Lorizin: - Bet ek Bouyon
10:00 PM	Magazin Lagrikiltir ek Lapes: - Apostolat de la mer e msye Jouaneau en planter
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 02nd June 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07: 10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08: 00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00PM	Kwen Detant- (Les melodies Françaises)
2:00PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	*****LANBYANS TROPICAL-15:00HRS-18:00HRS*****
3:30 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS***



Time	<p style="text-align: center;">Tuesday 02nd June 2026 ****UN NOUVEAU JOUR**** 06:00PM TO 10:00 AM</p>
6:00PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	<p>Lemonn Teknolozi: Dan Program sa mwan nou zwenn en group zenn ki pou donn zot pwenvi lo Teknolozi koman bann zenn lo sa size.</p> <p>(To be repeated on Thursday 04th June at 08:00AM)</p>
8:30 PM	<p>Nou Lanmer nou later: Sa mwan dan program nou konn plis lo en lespes akwatik ki parey en kokonm, sa se en kalite banbara. Nou pou osi konnen ki manyer I fer limis koko avek Msye Jean Christian Pillay, en antreprenner.</p> <p>(To be repeated on Saturday 06th June at 10:00am)</p>
9:00 PM	Animasyon
10:00PM	Followed by continuity broadcast
Time 10:00 PM	<p style="text-align: center;">Tuesday 02nd June 2026 22:00 Hrs To 06:00 Hrs</p> <p style="text-align: center;">Continuity Broadcast</p>
12:00 AM	Dan Kapatya: - Zonblon
01:00 AM	Music
02:00 AM	Magazin Lasante: - Nouvo laboratwar minister Lasante
03:00 AM	Music
04:00 AM	Sesel an kouler:- Nou pou revwar bann visit ki SBC ti organize SBC House ou mark 34enm laniverser, nou pou osi vwar ki manyer restorasyon lorloz pe ale zziska prezan, nou aprann plis lo en nouvo film lo bullying e bokou lezot size nteresankor
05:00 AM	Premye swen: - Tonm febles
10:00 PM	Lapes pou demen:- Sirveyans stok pwason
11:00 PM	Music



Time	Wednesday 03rd June 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM* <u>World Bicycle Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS *****
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 H R S *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: -(Vye Paz)
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	***LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*



Time	Wednesday 03rd June 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Tropik Konversasyon : Msye Joseph Sinon I koz lo bann lanmizik ki I fer.
8:30 PM	An Fanmiy : Dan program sa semenn, nou regard aktivite ki ti ganny organize par 'Ramp up Rise up' an kolaborasyon avek Biro Premyer Dame pou bann dimoun avek dezabilite mobilite e vizyon. (To be repeated on Friday 05th June at 02:00pm)
9:00 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Wednesday 03 rd June 2026
12:00 AM	Mon melodi : - Marie-Therese Bibi Estival
01:00 AM	Music
02:00 AM	Nou Later Nou Lanmer : - Pri dizef poul e peser ki soufle lansiv dan distrik pou vann
03:00 AM	Music
04:00 AM	Mon Parkour Profesyonal :- Nou pou ganny sans dekouver parkour msye Franco travay avek lakonpanyen Seypec pou plizyer lannen, e osi madanm Anette Mathiot bokou sonn lavi travay PUC
05:00 PM	Kouler lavi : - Ki si sa lavi
10:00 PM 11:00 PM	Retrouvay : - Jean-Marc Volcy I koz lo album 'Fanm' par Jenny Deletourdie
	Music



Time	Thursday 04th June 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM <u>Day of Innocent Children victims-(PH)</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Lemonn Teknolozi: Dan Program sa mwan nou zwenn en group zenn pou ganny zot pwenvi lo Teknolozi pou zot koman bann zenn (Rpt)
09:30AM	Mass from the Cathedral of the Immaculate Conception-(Corpus Christi-Fete Dieu)
10:30AM	****LUNCHTIME RANDEVOU-9:30AM-13:30*****
10:30AM	Death Messages
11:00AM	The Challenge Hour: The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa. (Spelling challenge)
12:05PM	Announcements and Messages
12:45PM	Death Messages
1:00PM	Animasyon
1:30 PM	*****-TEA-TIME MUSIC-13:30 HRS-17:30HRS*****
2:00PM	Animasyon
3:00PM	O Servis lezot: Dan program, nou konn plis lo Sosyete Lakwa Rouz Sesel, son rol dan lakominote e lespri volontarya dan pei, avek Msye Kurt Lagrenade, Ms. Audrey Annette e Madanm Barbara Carolis Andre (Rpt)
4:00 PM	News Round Up (English & French back-to-back)
4:45PM	Depay ou Difil:- Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share with other listeners certain daily life hacks- (They should share their know-how live on air)
5:00PM	Animasyon
5:30 PM	***SWARE AVEK RADYO SESEL -17:30HRS-22:00HRS***

06:00PM	Animasyon
6:30PM	Announcements and Messages

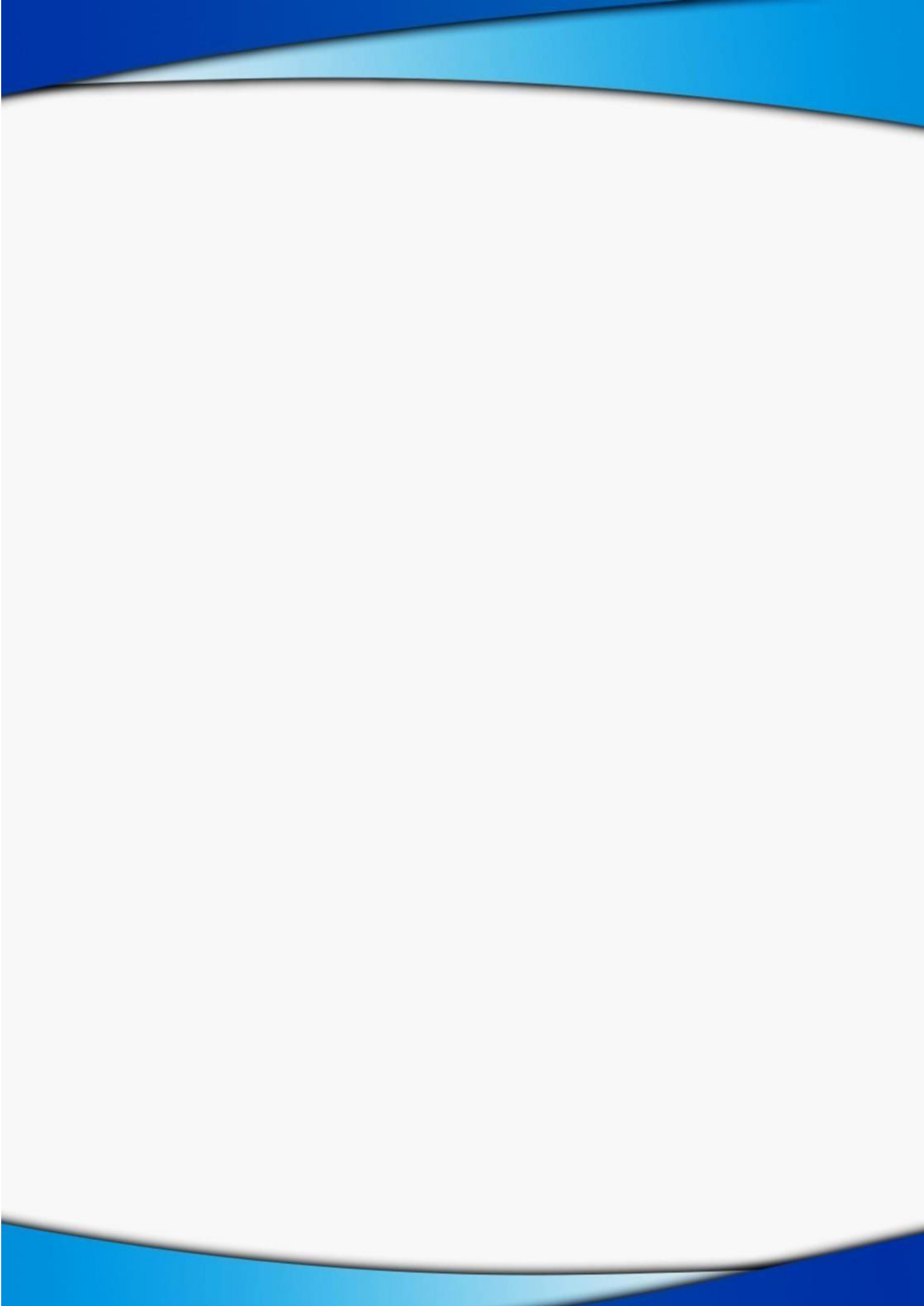
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Thursday 04th June 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Studio Clinic: Avek sanzman klima, nou pe eksperyans plis lasaler e sa I annan en lenpak lo nou Lasante, dan program sa semenn nou koz plis lo sa size, lefe lasaler lo nou lasante e dan kad byennet zanfan nou elabor plis lo bann diferan labi lo zanfan. (To be repeated on Monday 8th June at 08:00am)
8:30 PM	Memoires d'un Continent :-Des rives de la Méditerranée au Sahara: vérités et tabous des esclavages dans le monde musulman La mémoire du continent longes ce dimanche les rives de la Méditerranée et descend jusqu'au Sahara pour tenter de cartographier l'esclavage dans les mondes musulmans. L'occasion de revisiter des questions peu discutées, taboues pour certains, dans un dialogue sans langue de bois et sans détours. Avec la participation de M'hamed Oualdi , historien, professeur d'histoire du Maghreb à l'Institut universitaire européen de Florence, auteur de L'esclavage dans les mondes musulmans
9:30 PM	Animasyon
Time	Thursday 04th June 2026-22:00 HRS TO 06:00 HRS Continuity Broadcast
01:00 AM	Nou kominote: - LWMA
02:00 AM	Mon Ekri: - Mon Ekri avek poet Leroy Victorine e msye Terrence Madeleine
03:00 AM	Music
04:00 AM	Laz Dor: -Tifin
05:00 AM	Foye: - Satini mang avek pwason sale
10:00 PM	Zenn Enspir zenn: - Zenn lekol SALS e zot lenspirasyon pour lefitir
11:00 PM	Music
12:00 AM	Music



Time	Friday 5th June 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00PM <u>World Environnent Day</u> <u>World Day for the fight against</u> <u>illegal Fishing</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Zot lavwa zot Lasazes: Dan program sa semenn nou pou konn plis lo en madanm kin fer e ankor pe fer bokou kontribisyon dan lasosyete-Sa se madanm Madanm Marinella Azemia (Rpt)
09:30AM	*****SEYCHELLES MATIN-09:00AM-12NOON***
09:00am	Animasyon
10:15AM	Death Messages
10:30AM	Envite: - Msye. Egbert Benstrong – Director Research Data Management & Knowledge Production e en osi en Speech pathologist sorti kot IECD. Zot pou koz lo Linisyativ Nasyonal pou siport bann zanfan avek bezwen spesyal.
11:00 AM	Fon lanmal:-
12:00PM	*****SEYLUNCH-12:00-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel an kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Feel good Fridays)
01:30PM	Animasyon
02:00PM	An Fanmiy: Dan program sa semenn, nou regard aktivite ki ti ganny organize par 'Ramp up Rise up' an kolaborasyon avek Biro Premyer Dame pou bann dimoun avek dezabilite mobilite e vizyon. (Rpt)
3:00PM	*****LANBYANS TROPIKAL-15:00HRS-18HRS*****

3:00PM	Animasyon	
4:00PM	Weather Update	
4:15PM	Envite	
5:00PM	Informations	
5:30PM	Announcements and Messages	

6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 05th June 2026
6:00 PM	Animasyon
6:15PM	Radio Religion: - 'Muslim Community'
6:30PM	Announcements and Messages
7:00PM	Bilten Nouvel Kreol
7:30PM	Living Planet: -The dirty truth about laundry (Rebroadcast) - Our laundry routine impacts the environment with chemicals, microplastics, and energy use. Is our fear of being viewed as dirty making us over wash our clothes.
08:30PM	Afro Club : - Africa Music & Charts 2026 : les certifications qui consacrent enfin la musique africaine Rendez-vous exceptionnel dans l'Afro-Club: les certifications 2026 de l'Africa Music & Charts (AMC), en présence de sa présidente Diadame Diaw, de Singuila, du producteur Charles Tabu et de Louise Diakité, chargée du développement international chez Warner Music France. Ces distinctions (Or, Platine, Diamant) sont un symbole de succès, de reconnaissance professionnelle et du rayonnement international des artistes africains.
10:00 PM	Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 05th June 2026
12:00 AM	His Master's Voice: - Mrs Forida Rene
01:00 AM	Music
02:00 AM	Kwen labote: - Lips tattoo
03:00 AM	Music
04:00 AM	Zistwar Kreol : - En bon zanmi ek zistwar ek zistwar en zom ki ti regret son lisyen
05:00 AM	Konsey Pratik : - Skill sosyal ki ou bezwen pou fer en bon zizman
10:00 PM	Moris letan lontan
11:00 PM	Music





Time	Saturday 06th June 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM* <u>Russian Language Day</u> <u>World Pest Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:15 AM	Death Messages
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ****
10:00 AM	Nou lanmer nou Later : Sa mwan dan program nou fer ou konn plis lo en lespes akwatik ki parey en kokonm, sa se en kalite banbara. Nou pou konnen ki manyer I fer limis koko. (Rpt)
12:05PM	Announcements and Messages
12:30PM	Rezime Nouvel an kreol
12:45PM	Death Messages
1:00 PM	Magazine Sport (Rpt)
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel loKal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radyo Foot: -
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:00 PM	Radio Religion: - Seventh Day Adventist
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel an kreol
8:00 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	Followed by Continuity Broadcast



Time	Saturday 06th June 2026 *****22:00 HRS TO 06:00 HRS*****
12:00 AM	Nature watch: - Turtle monitoring Anse Marie-Louise
01:00 AM	Music.
02:00 AM	Studio clinic: - Lasante leker
03:00 AM	Music
04:00 AM	Ledikasyon ozordi nou fiitir demen: - Festival band lekol e tournwa Beach Soccer enter skoler
05:00 AM	Nou Lanvironnman: - Vilnerabilite resif koray e visit edikasyonel Cap Ternay
10:00 PM	Lo semen lavi :- Selwyn Louis Marie en ansyen kondannen
11:00 PM	Music



Time	Sunday 07th June 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM <u>World Food Safety Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from St Paul's Cathedral-(Anglican Diocese)
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel
12:45 PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
2:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
4:00 PM	News Round Up (English & French back-to-back)
5:00 PM	Moris letan lontan avec-Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
6:15 PM	Radio Religion: - 'The Roman Catholic Church'
6:30 PM	Announcements and Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lontan lo zil:-Envite : Katlina Knowles kin viv plis ki 28an lo zil elwanye i partaz son parkour.(Premye parti)
7:50:PM	Romans: Bertha
08:00PM	Weekly Radio Guide
08:15PM	Nostalzi: En seleksyon bann lanmizik lepase
08:30PM	Lontan lo zil:-Envite : Katlina Knowles kin viv plis ki 28an lo zil elwanye i partaz son parkour. (dezyenm parti)
9:00 PM	Reviv atraver losean avek Thelma e Lucille.

10:00 PM **Frenchy Box** with Jonathan Agathin followed by the Continuity Broadcast.



Time	Sunday 07th June 2026 ***** 22:00 HRS TO 06:00 HRS*****
12:00 AM	Album Review: - REALITE-ALAIN BACCO
01:00 AM	Music
02:00 AM	Open Microphone: - SALER MINIMONM
03:00 AM	Music
04:00 AM	Citizenship Matters: - LASIRANS LAVI
05:00 AM	Zistwar kreol:- LES 15 LOUP
10:00 PM	Frenchy Box avek Jonathan Agathin
11:00PM	Music

