



GUIDE/WEEK 20 OF 2026

Time	Monday 11th May 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** <u>Lupus Awareness Month</u> <u>Blood Pressure Month</u> <u>Eat what you want Day</u>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour/Personal Announcements and Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07.30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Studio Clinic: Sa semenn dan, nou konn plis lo rol en fanm saz, ensi byen ki konn enpe plis lo lazournen enternasyonal bann ners ki tonm le 12 Me e dan kad byennet zanfan nou pou aprofondir plis lo bann stratezi pou bann adolesan ki fer fas avek bann sitiasyon difisil (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:05AM	THE FPAC- (Finance and Public Accounts Committee) SESSION LIVE FROM ILE DU PORT
10:30AM	Death Messages
11:00AM	THE FPAC- (Finance and Public Accounts Committee) SESSION LIVE FROM ILE DU PORT
12:00PM	*****SEYLUNCH-12NOON-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
2:00PM	THE FPAC -(Finance and Public Accounts Committee) SESSION LIVE FROM ILE DU PORT
03:00PM	*****LANBYANS TROPIKALHRS-15:00HRS-18:00HR3*****
3:30PM	THE FPAC-(Finance and Public Accounts Committee) SESSION LIVE FROM ILE DU PORT
4:00PM	Weather Update
4:15PM	THE FPAC SESSION LIVE FROM ILE DU PORT

5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 11th May2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lemonn Travay: Dan program sa semenn nou pou koz lo programm travay dan lakour ki ti ganny anonse tou resaman an relasyon avek bann mezir ki nou merit pran an relasyon avek lager an Mwayen Orian, dan en fason pou konserv lenerzi. (To be repeated on Wednesday 13th May at 08:00am)
8:30 PM	Nou Lanvironman:- Dan programm sa mwan, nou pou ganny sans al dan gran larivyer St. Louis ki trouve Le Niole. Nou pou konnen ki fason kalite delo larivyer I ganny teste e osi konn enpe lo polisyon plastik atraver en kozri kot SITE. (To be repeated on Thursday 14th May at 08:00am)
9:30 PM	Animasyon
Time	Monday 11th May 2026-22:00 HRS TO 06:00 HRS
1:00AM	Theatre Radiophonique Anthologie du mystere: - Mais qui est Jean Dupont D'alain Franck
2:00AM	Kwayans Popiler: - Bizou
3:00AM	Music
4:00AM	En let pou mon byeneme: - Nou fer konesans avek en madanm ki ti perdi son fiy atraver en ka mert e nou koz avek en fiy kin osi perdi son manman tou resaman.
5:00AM	Jardinage: - Laroaz
10:00 PM	En par nou tradisyon:- lalanp avek karo
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 12th May 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM* <u>International Nurses Day</u> <u>International Day of Plant Health</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07: 10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08: 00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12: NOON *****
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00PM	Kwen Detant- (Les melodies Françaises)
2:00PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS*****
3:30 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Information
5:30 PM	Announcements and Messages
6:00 PM	****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS**



Time	Tuesday 12th May 2026 ****UN NOUVEAU JOUR**** 06:00PM TO 10:00 AM
6:00PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Topik Konversasyon: -
8:30 PM	Nou Lekonomi:- Gouverner Labank Santral Caroline Abel I esplik polisi moneter Labank Santral pour dezyenm kar 2026. Manmzel Angelique Adeline zofisye senior dan departman komers dan Minister Finans, Planifikasyon ekonomik, Komers ek Lenvestisman I esplik bann travay e aktivite ki ganny fer dan seksyon responsab pour akse ek marse ek taks ki en seksyon ki zwe en rol tre enportan dan formasyon polisi komers pou sesel I asire ki bann langazman anba bann lakor enternasyonal rezyonal ek bilateral I ganny enplimate korekteman. (To be repeated on Monday 18th May at 08:00AM)
9:00 PM	Animasyon
10:00PM	Followed by continuity broadcast
Time 10:00 PM	Tuesday 12th May 2026 22:00 Hrs To 06:00 Hrs Continuity Broadcast
12:00 AM	Images: - Mala Marimootoo
01:00 AM	Music
02:00 AM	Ou sinyatir: - Jeanne
03:00 AM	Music
04:00 AM	Zot Lavwa zot lasazes:- Nou koz avek madanm Rosie Morel. En ansyen nurse e osi en madanm kin ganny rekonet pou son travay volotarya
05:00 AM	Pti antreprenner: - Lakoutir e lartizana
10:00 PM	Lapes pou demen: - Ice plant ki mars ek lenerzi soler
11:00 PM	Music



Time	Wednesday 13th May 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM* International Hummus Day
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Lemonn Travay: Dan program sa semenn nou pou koz lo program travay dan lakour ki ti ganny anonse tou resaman an relasyon avek bann mezir ki nou merit pran an relasyon avek lager an Mwayen Orian, dan en fason pou konserv lenerzi. (Rpt)
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS *****
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 HRS *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: -(Vye Paz)
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	*****LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*



Time	Wednesday 13th May 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Tete a Tete: Msye Jerry Sopha
8:30 PM	<p>Mozaik: Dan program sa semenn nou koz avek Poet Raspyek ki fer nou konn plis lo son premye Liv lapoezi avek tit "Verses In Dialogue". Osi dan program Denis Rose e Ruth Barbe I koz lo lenportans defann zot tit dan "World Artists Dance" gran ki fer lerop. E Lenstriker ladans Denis Rose inn partisip dan en program Training Ladans kinn fer Moris resaman.</p> <p>(To be repeated on Saturday 16th May at 10:00am)</p>
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS Wednesday 13th May 2026
12:00 AM	Mon melodi: - Emmanuel D'offay
01:00 AM	Music
02:00 AM	Nou Later Nou Lanmer: - Peser Peter Tirant e Jim Meme
03:00 AM	Music
04:00 AM	Lemonn Teknolozi: - Nou aprann bann diferan fason ki mannyer pou protezz ou lek diiferan latak atraver internet.
05:00 PM	Kouler lavi: - Lape korperasyon ek rezilyans
10:00 PM	Retrouvay: - Jenny I koz lo veritable amoure-Album par Jean-Marc Volcy
11:00 PM	Music



Time	Thursday 14th May 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Nou Lanvironman: - Dan program sa mwan, nou pou ganny sans al dan gran larivyer St. Louis ki sitye Le Niole pou nou konnen ki fason kalite delo larivyer I ganny teste e osi konn enpe lo polisyon plastik atraver en kozri kot SITE. (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00AM	Animasyon
10:15AM	Death Messages
11:00AM	The Challenge Hour: The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa. (Talk for one minute)
12:00 PM	*****SEYLUNCH-12:00 HRS-15:00HRS*****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant -(The Classics of the 90's)
2:00 PM	Animasyon
3:00 PM	*****LANBYANS TROPIKAL -15:00HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	Envite
4:45 PM	Depay ou Difil: -Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share with other listeners certain daily life hacks- (They should share their know-how live on air)

5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*****
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	<p>Nou sistenm Ledikasyon:- Sa mwan dan programm Nou sistenm ledikasyon nou konn plis lo en ed memoratwar ki Minister Ledikasyon ek Devlopman Resours Imen inn sinyen avek Think Equal. Osi Minister Ledikasyon an partenarya avek Programm Digital School UAE, ki lans linisyativ Digital School dan en sesyon formasyon virtual. Reentrodiksyon programm Screening pour bann etidyan S5. E osi bann size ki Minis pou Ledikasyon ti aborde dan Programm Tete a Tete tou resaman.</p>
8:30 PM	Programm Spesyal :- Lazournen Mondyal pou Sekirite e Lasante dan Landrwa Travay-(Selebre le 28 Avril 2026)
9:00 PM	Animasyon
10:00 PM	Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Thursday 14 th May 2026
12:00 AM	Nou kominote: - Zestyon salte dan kominote e maladi leptospiroz
01:00 AM	Music
02:00 AM	Mon Ekri: - Msye Jude Fred-liv Don't skip the process
03:00 AM	Music
04:00AM	Nou later Nou lanmer: - Nou pou konn en programm pandan vakans ki fer pou sansibiliz bann zenn lo lenportans manz pwason e son benefis ki I amennen, nou osi konn plis lo diferan kalite later.
05:00 AM	Dan lakwizin kreol: - Diri Basmati
10:00 PM	Zenn Enspir zenn: - Gunz-Farhine-Christopher Philoe zenn dan lanmizik
11:00 PM	Music



Time	Friday 15th May 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 09:00AM <u>International Day of Families</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Nou sistenm Ledikasyon:- Sa mwan dan programm Nou sistenm ledikasyon nou konn plis lo en ed memoratwar ki Minister Ledikasyon ek Devlopman Resours Imen inn sinyen avek Think Equal. Osi Minister Ledikasyon an partenarya avek Programm Digital School UAE, ki lans linisyativ Digital School dan en sesyon formasyon virtual. Reentrodiksyon programm Screening pour bann etidyan S5. E osi bann size ki Minis pou Ledikasyon ti aborde dan Programm Tete a Tete tou resaman - (Rpt)
09:30AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00am	Animasyon
10:15AM	Death Messages
11:00 AM	Fon Lanmal
12:00PM	*****SEYLUNCH-12:00-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel an kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Feel good Fridays)
01:30PM	Animasyon
02:00PM	Animasyon
3:00PM	*****LANBYANS TROPIKAL-15:00HRS-18HRS*****
3:00PM	Animasyon

4:00PM	Weather Update
4:15PM	Envite
5:00PM	Informations
5:30PM	Announcements and Messages

6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 15th May 2026
6:00 PM	Animasyon
6:15PM	Radio Religion: - 'Muslim Community'
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel Kreol
7:30PM	Science Unscripted: -
08:30PM	Couleurs Tropicales : - Speciale gold des 30 ans de couleurs tropicales – Episode 4
10:00 PM	Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 15th May 2026
12:00 AM	His Master's Voice: - Noemie Woodcock
01:00 AM	Music
02:00 AM	Studio clinic: - Nou konn plis lo role en fanm sarz, ensi byen ki konn enpe plis lo lazournen enternasyonal bann ners ki tonm le 12 Me e dan kad byennet znfan nou pou aprofondir plis lo bann stratezi pou bann adolesan ki fer fas avek bann sitiasyon difisil
03:00 AM	Music
04:00 AM	Zistwar Kreol: - Les braves tailleurs
05:00 AM	Konsej Pratik: - Apresye nou bann dimuon ki pli pros ek ou
10:00 PM	Moris letan lontan
11:00 PM	Music



Time	<p align="center"> Saturday 16th May 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM* <u>International Day of living together in</u> <u>peace</u> <u>International Day of Light</u> </p>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/ Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazourmen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:15 AM	Death Messages
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
10:00 AM	Mozaik: Dan program sa semenn nou koz avek Poet Raspyek ki fer nou konn plis lo son premye Liv lapoezi vek tit Verses In Dialogue"". Osi dan program Denis Rose e Ruth Barbe inn al defann zot tit dan "World Artists Dance" gran Pri ki fer lerop. E Lenstrikter ladans Denis Rose inn partisip dan en program Training Ladans kin fer Moris resaman. (Rpt)
12:05PM	Announcements and Messages
12:30PM	Rezime Nouvel an kreol
12:45PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel loKal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radyo Foot: -
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:00 PM	Radio Religion: - 'Bahai Community'
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel an kreol
8:30 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik



Time	Saturday 16th May 2026 *****22:00 HRS TO 06:00 HRS*****
12:00 AM	Nature watch: - Vakwa trail-Grand'Anse
01:00 AM	Music.
02:00 AM	Ledikasyon ozordi nou fitir demen: - Bullying dan lekol
03:00 AM	Music
04:00 AM	Magazin Lasante: - HIV rapide testing
05:00 AM	Nou Lanvironnman: - Seychelles Scope owl
10:00 PM	Lo semen lavi :- Madanm Debbie Larue sonmanman ti annan asma
11:00 PM	Music



Time	Sunday 17th May 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM <u>World Day of Hypertension</u> <u>World Telecommunication Day</u> <u>World Baking Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and commercial Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from The Cathedral of the Immaculate Conception
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel
12:45 PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
2:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
4:00 PM	News Round Up (English & French back-to-back)
5:00 PM	Moris letan lontan with-Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
6:15 PM	Radio Religion: - 'The Anglican church'
6:30 PM	Announcements and Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lontan lo zil:-Envite Msye Ange Dubignon ki partaz son parkour lo nou bann zil elwanyen-(Premye parti)
7:50:PM	Romans: Que fait tu la
08:00PM	Weekly Radio Guide
08:15PM	Nostalzi
08:30PM	Lontan Lo Zil: Envite Msye Ange Dubignon ki partaz son parkour lo nou bann zil elwanyen-(dezyenm parti)

9:00 PM	Reviv atraver losean avek Thelma e Lucille.
10:00 PM	Frenchy Box avec Jonathan Agathin followed by the Continuity Broadcast.



Time	Sunday 17th May 2026 ***** 22:00 HRS TO 06:00 HRS*****
12:00 AM	Album Review: - Album review Rainbow Seychelles
01:00 AM	Music
02:00 AM	Il ou Elle: - Lenportans telefonn mobil
03:00 AM	Music
04:00 AM	Citizenship Matters: - Lasiransl lavi
05:00 AM	Zistwar kreol: - Modita avek saint modita
10:00 PM	Frenchy Box avec Jonathan Agathin
11:00PM	Music

