

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 23RD MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
08:00	Aero Bingo (rpt)		
08:08	Animation: The Enchanted Village of Pinocchio	Episode 37,38	
08:36	Regal Academy	Episode 1	
09:01	Animation: The Three Musketeers	Episode 19,20	
09:29	Meteoheroes	S02 Ep 027,28	
09:55	Animation: Pirate Academy	Episode 5,6	
10:23	Enchanted Tales		
11:50	Series: Backstage	Episode 27	
12:15	Magazine: Rev		
12:45	Series: Junior Bake Off	S07 Ep011	
13:35	Series: Make it Pop	Episode 39	
14:00	Series: Mystic	Episode 17	
14:30	Entertainment: Europe in Concert		
15:20	Documentary: Life is Precious	Episode 5	
15:50	Comedy: Family Time	Episode 5	
16:15	Series : Like a Flowing River	Episode 20	
17:05	Series: Forever My Love	Episode 69	
18:00	Documentaire: Secrets Sauvages du Patrimoine	Episode 6	
19:00	Documentary: Unbelievable Me	Episode 4	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Series: Lynley	Episode 6	15
21:46	Movie: An Affair to Die For		15
23:09	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
SUNDAY 24TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
06:39	Senm Laglwar		
08:00	Animation: The Enchanted Village of Pinocchio	Episode 39,40	
08:28	Regal Academy	Episode 2	
08:53	Animation: The Three Musketeers	Episode 21,22	
09:24	Meteoheroes	S02 Ep 029,30	
09:52	Animation: Pirate Academy	Episode 7 ,8	
10:20	Series: Secrets at Red Rock	Episode 7	
10:46	Series: Itch	Episode 3	
11:15	Series: Pan-Tau	Episode 7	
11:45	Comedy: The Neighborhood	Episode 70	
12:10	Nellie's Fitness Dance Class 2022		
14:28	Family Movie: The Mystery of Her		PG
16:20	The Great Battle for the Crown	Episode 7 Final (rpt)	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Les Larmes de la Terre	Episode 117,118	15
22:35	Series: El Chapo	Episode 5	18
23:34	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
MONDAY 25TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 29,30	
08:22	Pumper pups	Episode 10	
08:50	Programm Zanfan	Episode 27	
09:25	Dishes From Fishes	Sr 2 Ep 27,28	
10:00	Comedy: Fresh Off The Boat	Episode 31	
10:30	Magazine: Sucrément Bon	Episode 4	
11:00	Magazine: Close up		
11:30	Magazine: Ageless Gardens	Episode 5	
12:00	Magazine: The Food Files	Episode 6	
12:30	Nouvel		
13:00	Series : Judge Dee's Mystery	Episode 16	PG
13:50	Doc: The race of his Life		
14:33	Magazine: Tomorrow Today		
15:00	Chuck's Choice	Episode 7	
15:26	Robot Trains	Episode 62,63	
15:54	Sissi the Young Empress	Episode 10	
16:21	Scan2Go	Episode 33	
16:46	Animation: Polly Pocket	S5Ep017,18	
17:10	Series: Popularity Papers	Episode 9	
17:35	Kids Fitness With Emma	Episode 4	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Game Show: Bridge of Lies	Episode 15	
20:00	Nouvel		

20:38	Sports News		
20:53	Meteo		
21:00	Tête à Tête	Episode 7	
21:27	Series: The River	Episode 210	15
22:10	Series: Frankie Drake Mysteries	Episode 3	15
22:55	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
TUESDAY 26TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 31,32	
08:22	Pumper pups	Episode 11	
08:50	Programn Zanfan	Episode 28	
09:25	Dishes From Fishes	Sr 2 Ep 29,30	
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 6	
11:00	Magazine: Eating Plants	Episode 5	
11:30	Series: Surfing the menu	Episode 5	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series : Judge Dee's Mystery	Episode 17	PG
13:50	Doc: Medical Research on the Move		
14:33	Magazine: Collar of Duty	Episode 11	
15:00	Series: Horrible Science	Episode 8	
15:26	Moon Cireus	Episode 25,26	
15:58	Animation: Super Wings	Episode 31,31	
16:22	Animation: Power Players	Episode 25,26	
16:46	Miss Moon	Episode 52	
16:59	Animation: Chichi Pingping	Episode 1	
17:13	Animation: Magic Cellar	Episode 7,8	
17:37	Series: All The Answers	Episode 23	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Doc : Northern region of Victoria Proposal Land Plan		

19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Rekoleksyon	Episode 1	
21:27	Téléfilm: Le Mystère Daval		15
22:58	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
WEDNESDAY 27TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 33,34	
08:23	Pumper pups	Episode 12	
08:50	Programm Zanfan	Episode 29	
09:25	Dishes From Fishes	Sr 2 Ep 31,32	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Series: My great big adventure	Episode 5	
11:30	Comedy: Bella's Place	Episode 21	
12:00	Magazine: Initiative Africa	Episode 5	
12:30	Nouvel		
13:00	Series : Judge Dee's Mystery	Episode 18	
13:50	Doc: Testosterone-The Making of a Man?		
14:33	Series: The Next Step	Episode 50	
15:00	Series: Playtime Towers	Episode 17	
15:26	Chuck's Choice	Episode 8	
15:49	Robot Trains	Episode 64 ,65	
16:17	Sissi the Young Empress	Episode 11	
16:45	Scan2Go	Episode 34	
17:10	Animation: Polly Pocket	S5Ep019 ,20	
17:35	Series: Popularity Papers	Episode 10	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Africa Eye		
19:40	Short Magazine		

20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	4 Degre Sid	Episodde 1	
21:58	Series: A Million Little Things	Episode 41	15
22:42	Series : Cape Town	Episode 1	15
23:33	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
THURSDAY 28TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Bonanza Draw (rpt)		
08:08	Fireman Sam	Episode 35,36	
08:30	Pumper pups	Episode 13	
08:55	Programm Zanfan	Episode 30	
09:25	Magazine: Innovation Nation	S18 Ep005	
10:00	Doc: Madam Chutney and Taste of Freedom		
10:30	Magazine: On The Pulse	Episode 5	
11:00	Magazine : La Chine du Future	Episode 6	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series : Judge Dee's Mystery	Episode 19	PG
13:50	Doc: Memories of D-Day		
14:33	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	Episode 12	
15:27	Moon Cireus	Episode 27	

15:43	Moon Cireus	Episode 28	
15:59	Animation: Super Wings	Episode 33,34	
16:23	Animation: Power Players	Episode 27.28	
16:47	Animation: Chichi Pingping	Episode 2,3	
17:14	Animation: Magic Cellar	Episode 9,10	
17:38	Series: All The Answers	Episode 24	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Focus on Africa - "Conversation"		
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Les Larmes de la Terre (last)	Episode 119,120	15
22:35	Series: Smother	Episode 8	15
23:40	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
FRIDAY 29TH MAY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Treble chance 75 (rpt)		
08:08	Fireman Sam	Episode 35,36,37	
8:40	Kikil & Nuna	Episode 1,2,3	
08:55	Programn Zanfan	Episode 31	
9:30	Lakwizin	Episode 1	
10:00	Doc: Hiss Boom Bang- Blockbuster		
	Sounds form the Barnyard		
10:30	Tout le Monde a la Plage	Episode 9	
11:00	Series: How did they Build that?	Episode 4	
11:30	Series: The World Is Yours	Episode 5	
12:00	Magazine: The Future with Hannah Fry	Episode 6	
12:30	Nouvel	Nouvel	
13:00	Series : Judge Dee's Mystery	Episode 20	PG
13:50	Doc: The Mystery of Anesthesia		
14:33	Series: The Next Step	Episode 51	
15:00	Chuck's Choice	Episode 9	
15:27	Robot Trains	Episode 66,67	
15:55	Sissi the Young Empress	Episode 12	
16:22	Scan2Go	Episode 35	
16:47	Animation: Polly Pocket	S5Ep021.22	
17:11	Series: Swashbuckle	S1EP006	
17:35	Kids Fitness With Emma	Episode 5	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Smart Cities	Episode 1	

19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Game Show: The Weakest Link	S3 EP 12	
21:47	Series : NCIS	Episode 23	15
22:32	Movie: South of Heaven		15