

GUIDE /WEEK 28 OF 2026



Time	Monday 13th July 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM**
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour/Personal Announcements and Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:30 AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:00AM	Annou Kree: Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer. I kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikored oubyen envit patisipan dan studio.
12:00PM	***** SEYCLUNCH-12NOON-15HOURS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
2:00PM	Animasyon
03:00PM	*****LANBYANS LABRIN-15:00HRS-18:00HRS *****
3:30PM	Animasyon
4:00PM	Weather Update

4:15PM	Envite
--------	--------

5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 13th July 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	LavwaLazenes: Kimanyer larelizyon oubyen kominote spirityel I ofer d ireksyon, striktir e anmenn kominote zenn ansanm. To be repeated on Tuesday 21st July at 08:00am
8:30 PM	Sesel an kouler: Dan sesel an kouler sa mwan nou pou annan bann size parey, gran gannyan lotri 50an lendepandans, lopinyon manm piblik lo lakoup mondyal 2026, bann lantrener gymnastic ki nou nepli antann zot e lezot size ankore To be repeated on Thursday 16th July at 08:00am
9:30 PM	Animasyon
Time	Monday 13 th July 2026-22:00 HRS TO 06:00 HRS
01:00 AM	Theatre Radiophonique Anthologie du mystere:- L'honorable monsieur Bouscat
02:00 AM	Kwayans Popiler: - Konsep lo manze
03:00 AM	Music
04:00 AM	Lemonn Travay: - Nou koz lo en kontra travay. Ki si sa enn kontra travay, ki I annan ladan e akòz I enportan e nesesser.
05:00 AM	Lorizinn: - An roz, Kouta kouta
10:00 PM	En par nou tradisyon:- Zartifay ki dimoun ki ti fer lasorselri ti servi
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 14th July 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Lospitalite: Dan program sa semen, madanm Shireen Francis I koz lo partiosipasyon bann letablisman touristik ki ti pran par dan Expo 50 an Lendepandans (Rpt)
09:00AM	*****
0900 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00PM	***** SEYLUNCH-12:00-18:00HRS *****
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel an Kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Les melodies Françaises)
02:00PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
03:00PM	***** LANBYANS TROPIKAL-15:00HRS-18:00HRS *****
03:30 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00PM	Information
5:30PM	Announcements and Messages
6:00 PM	**** SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**

--	--



Time	Tuesday 14th July 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Mon parkour profesyonel: Sa mwan dan program nou pou konn plis lo kafryer Elva Volcere e Ronny Germain ki travay kot lotel Constance Lemuria Praslin. To be repeated on Thursday 16th July at 09:30am
8:30 PM	Nou Lanmizik Nou Zil: Sa mwan dan program nou fer konesans ek bann manm Benn Reloaded. Nou koz ek Denio Crea responsab Melody Motion Entertainment. Reaksyon Ruben Larue apre son performans mizikal an Melbourne, Ostrali. E nou osi rann omaz santez Celine Dine ki ti kit nou resaman. To be repeated on Monday 20th July at 03:00pm
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Tuesday 14 th July 2026
12:00 AM	Images: - Patrick Vidot
01:00 AM	Music
02:00 AM	Ou sinyatir: - Isaac
03:00 AM	Music
04:00 AM	Lospitalite:- Madanm Shireen Francis I koz lo partisipasyon bann letablisman tip ran par dan expo 50 an lendepandans, nou osi partaz pwenvi bann diferan e osi lo sekter tourism pou sa lanmwatye lannen e finalman ki mannyer sezon b inn pase
05:00 PM	Lafanmiy seselwa: - Bullying
10:00 PM	Nou Lanvironnman:- Congo Rouge
11:00 PM	Music

Time	Wednesday 15th July 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS **
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 H R S *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: -(Vye Paz)
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	***LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*

Time	Wednesday 15th July 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Topik Konversasyon: Joseph Francois e Jitesh Shah I koz lo Mid-range condominium.
8:30 PM	Laz Dor: Sa semen dan program nou bann 3enm Az I koz lo 50an Lendepandans dan Sesel. To be repeated on Friday 17th July at 08:00am
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Wednesday 15 th July 2026
12:00 AM	Mon melodi: - Andre Valmont
01:00 AM	Music
02:00 AM	Leritaz: - Dan program nou ganny partisipasyon Jean- Claude Mahoune, Ramsay Reddy e Amede Monnaie
03:00 AM	Music
04:00 AM	Citizenship Matters: - Nou konn plis lo komisyon sitwayen kon tortir. Nou msye Ayub Suleman e Msye Jules Hoareau
05:00 PM	Kouler lavi: - Labirman lontan e ozordi
10:00 PM	Retrouvay: - Jose Charles I koz lo 'Original hit par Joe Samy
11:00 PM	Music



Time	Thursday 16th July 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Sesel an Kouler: (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00AM	Animasyon
09:30AM	Mon parkour profesyonel: Sa mwan dan program nou pou konn plis lo kafryer Elva Volcere e Ronny Germain ki travay kot lotel Contance Lemuria Praslin. (Rpt)
10:15AM	Death Messages
11:00AM	Interview:- Mr Joel Edmond sorti kot Lazans pou Prevansyon kont Labi Drog e reabilitasyon pou koz lo 'Alcohol Awareness Campaign'.
11:30AM	The Challenge Hour: The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa. (Guess the voice)
12:00PM	*****SEYLUNCH-12:00HRS-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
01:00PM	Kwen Detant (The Classics of the 90's)
02:00PM	Animasyon
03:00 PM	****-LANBYANS TROPIKAL 15:00HRS -18:00 HRS-17:30HRS****

03:00PM	Animasyon
04:00PM	Weather Update
04:15PM	Envite
04:45PM	Depay ou Difil: -Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share with other listeners certain daily life hacks- (They should share their know-how live on air)
05:00PM	Informations
05:30PM	Announcements and Messages

6:00PM	***** SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS *****
Time	Thursday 16th July 2026 UN NOUVEAU JOUR 06 :00PM-10:00PM
6:00 PM	News Bulletin
	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Studio Clinic: To be repeated on Monday 20th July at 08:00am
8:30 PM	Memoires D'Un Continent- Paroles d'aînés: l'Afrique en 4 dates selon Sophie Bessis Afrique, mémoires d'un continent donne la parole aux aînés, femmes et hommes aux savoirs précieux, pour qu'ils nous racontent l'histoire de l'Afrique et le rapport qu'ils entretiennent avec le continent. Ces grandes voix reviennent sur quatre séquences de leur choix, quatre moments cruciaux qui les ont marqués et inspirés. Avec l'historienne franco-tunisienne Sophie Bessis . Dans cette édition de « Afrique, mémoires d'un continent », notre invitée Sophie Bessis rappelle que l'histoire de l'Afrique a longtemps été racontée à travers un regard colonial. Depuis les indépendances, les historiens africains ont progressivement reconstruit cette histoire grâce à un meilleur accès aux archives. Toutefois, elle souligne que de nombreux États ont également élaboré des « romans nationaux » destinés à renforcer leur identité, parfois au détriment de la vérité historique, d'où la nécessité de distinguer le travail scientifique de l'histoire des récits politiques ou idéologiques.
9:30 PM	Animasyon
Time	Thursday 16th July 2026- HRS TO 06:00 HRS
01:00 AM	Nou kominote: - Spor dan kominote
02:00 AM	Mon Ekri: - Poet Loura Barra
03:00 AM	Music
04:00 AM	Mozaik: - Nou kontinnyen koz lo 50an lar e kiltir dan sesel. Nou pou zwenn Msye Emmanuel D'offay, madanm Flora Bendavid e Msye Andreix Rosalie
05:00 AM	Foye: Kari koko graton ek bred bouroun
10:00 PM	Zenn Enspir zenn: - Diversity intelligence association

11:00 PM	Music
12:00 AM	Music

Time	Friday 17th July 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Laz Dor: Sa semen dan program nou bann 3enm Az I koz lo 50an Lendependans dan Sesel. (Rpt)
09:30AM	*****SEYCHELLES MATIN-09:00AM-12NOON***
09:00am	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:00 AM	Fon lanmal
12:00PM	*****SEYLUNCH-12:00-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel an kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Feel good Fridays)
01:30PM	Animasyon

02:00PM	Animasyon
3:00PM	*****LANBYANS TROPIKAL-15:00HRS-18HRS*****
3:00PM	Animasyon
4:00PM	Weather Update
4:15PM	Envite
5:00PM	Informations
5:30PM	Announcements and Messages

6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 17th July 2026
6:00 PM	Animasyon
6:15PM	Radio Religion: - 'Muslim Community'
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel Kreol
7:30PM	Living Planet: California's largest lake is turning to dust storms around the world are getting worse and for people like Michelle, living with chronic asthma near a drying lake in California, the results ...
08:30PM	Afro Club: James BKS à Jazz à Vienne: la quête d'une musique vraie, libre et connectée À l'occasion de la 45e édition du festival Jazz à Vienne, l'Afro-Club s'est délocalisé en direct des coulisses, où DJ Face Maker, a rencontré James BKS, programmé le lundi 6 juillet sur la scène du Club pour une session intimiste en after des shows d'Angélique Kidjo et Fatoumata Diawara. L'opportunité de revenir sur son évolution artistique, son rapport à la scène et l'héritage de son père, l'illustre Manu Dibango
10:00 PM	Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 17th July 2026
12:00 AM	His Master's Voice: - Jerry Sopha
01:00 AM	Music
02:00 AM	Nou sistenm Ledikasyon: - Code de kondwit dan bann lekòl avek minis David Pierre
03:00 AM	Music
04:00 AM	Zistwar Kreol: - Maryaz Martine ek Mathieu
05:00 AM	Konsej Pratik: - Protez ou teritwar
10:00 PM	Moris letan lontan-Avek Jonathan
11:00 PM	Music



Time	Saturday 18 July 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
10:00 AM	Animasyon
12:05PM	Announcements and Messages
12:30PM	Rezime Nouvel an kreol
12:45PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel lokal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radio Foot
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:00 PM	Radio Religion: - Seventh Day Adventist
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel an kreol
8:30 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	Followed by Continuity Broadcast

Time	Saturday 18th July 2026 *****22:00 HRS TO 06:00 HRS*****
12:00 AM	Nature watch: - Letid lenpakt lanvironnman
01:00 AM	Music.
02:00 AM	Ledikasyon ozordi nou fitir demen: - Departman pour pti anfans, primer ek segonder
03:00 AM	Music
04:00 AM	Magazin Lasante: - Sinny e sentonm lenfestasyon lever ek mikrob
05:00 AM	Nou Lanvironnman: - Kabri sovaz Aldabra e zwazo linet
10:00 PM	Lo semen lavi :- Shamira Sally en fiy kin perdie n kote son lebra
11:00 PM	Music

Time	Sunday 19th July 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from St Paul's Cathedral
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel
12:45 PM	Death Messages
01:00 PM	Animasyon
01:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
02:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
04:00 PM	News Round Up (English & French back-to-back)
05:00 PM	Moris letan lontan with-Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
06:15 PM	Radio Religion: -Roman Catholic church
06:30 PM	Announcements and Messages
07:00 PM	Bilten Nouvel an Kreol
07:30 PM	Lontan lo Zil : Bernadette Uranie-premye parti
07:50:PM	Ou rappel sa enn : John Wirtz
08:00PM	Weekly Radio Guide
08:15PM	Nostalzi: En seleksyon bann lanmizik leparse
08:30PM	Lontan lo Zil : Bernadette Uranie-Dezyenm parti
09:00 PM	Retrete: Nou zwenn madanm Christianne Rose
09: 30PM	Teat Kreol: Dernyen parti Trazedi
10:00 PM	Frenchy Box with Jonathan Agathin followed by the Continuity Broadcast.



Time	Sunday 19th July 2026 ***** 22:00 HRS TO 06:00 HRS*****
12:00 AM	Album Review: - Chamsy Accouche album 'Bare Bare'
01:00 AM	Music
02:00 AM	Il ou Elle: - Adiksyon, gambling e online shopping
03:00 AM	Music
04:00 AM	Citizenship Matters: - Proteksyon dwa e dignite imen
05:00 AM	Zistwar kreol: - Jacques le Coeur innocent
10:00 PM	Frenchy Box
11:00PM	Music





