

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 18TH JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 18	
09:25	Animation: Monster Loving Maniacs	Episode 1,2	
09:51	The Drakers	Episode 5	
10:19	Animation: Pirate Academy	Episode 39,40	
10:47	Animation: Partidei	Episode 19,20	
11:15	Series: Backstage	S02EP004	
11:38	Magazine: Rev		
12:05	Series: Jamie Johnson	Episode 37	
12:34	Series: Junior Bake Off	S08 Ep005	
13:19	Series: Malory Towers	Episode 6	
13:45	Series: Mystic	S3EP004	
14:15	100 Pour 100 Soleil Avec Alex	Episode 7	
15:22	Documentary: Life is Precious	S2 EP 4	
15:50	Comedy: Family Time	Episode 13	
16:13	Series : Like a Flowing River	Episode 28	
17:00	Series: Forever My Love	Episode 77	
18:00	Documentary: Weird Ocean Creatures	Episode 4	
19:00	My Retro	S16 Episode 2	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Zil tune	Episode 4	
21:53	Series: Mallorca Files	S2EP5	15
22:38	Movie: The Dating List		15
00:05	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
SUNDAY 19TH JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 19	
09:25	Animation: Monster Loving Maniacs	Episode 3,4	
09:51	The Drakers	Episode 6	
10:19	Animation: Pirate Academy	Episode 41,42	
10:47	Animation: Partidei	Episode 21,22	
11:16	Series: Pickle Storm	Episode 5	
11:40	Series: Itch	Episode 11	
12:05	Jean Ally Gospel Show		
14:20	Comedy: The Neighborhood	Episode 77	
14:43	Series: Reef Doctors	Episode 12	
15:28	Series: Be Careful With My Heart	Episode 62	
16:20	Family Movie: A Warrior's Heart		PG
18:00	Series : Welcome to Milele	Episode 11	
18:55	Series: Return to Paradise	Episode 5	
18:55	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 23,24	15
22:34	Series: El Chapo	Episode 12	18
23:19	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
MONDAY 20TH JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 136,137,138	
08:33	Animation : Kikil & NuNa	Episode 100,101,102	
08:55	Series: Grandpa in my Pocket	Episode 1,2	
09:25	Lakwizin	Episode 8	
10:00	Dokimanter: Koneksyon	Koray	
10:30	Magazine: Sucrément Bon	Episode 11	
11:00	Magazine: Close up		
11:30	Magazine: Ageless Gardens	Episode 3	
12:00	Magazine: The Food Files	S3 Episode 2	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 26	PG
13:45	Doc : Cities on the Sea		
14:30	Magazine: Tomorrow Today		
15:00	Animation: The Legendaries	Episode 11	
15:22	Franny's Feet	Episode 12	
15:45	Sissi the Young Empress	Episode 34	
16:12	Turtle Taido	Episode 7,8	
16:37	Monster in the forbidden Cities	S1 Episode 23,24	
17:10	Series: Popularity Papers	Episode 24	
17:35	Kids Fitness With Emma	Episode 19	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Kwen Tapi	S6 Episode 2 (rpt)	

19:40	Short Magazine		
19:40	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Tête à Tête	Episode 13	
21:27	Series: The River	Episode 218	15
22:10	Series: Frankie Drake Mysteries	Episode 11	15
22:55	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	TUESDAY 21ST JULY 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 139,140,141	
08:33	Animation : Kikil & NuNa	Episode 103,104,(1)	
08:55	Series: Grandpa in my Pocket	Episode 3,4	
09:25	Lakwizin	Episode 9	
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 6	
11:00	Magazine: Eating Plants	Episode 1	
11:30	Series: Surfing the menu	Episode 13	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: The Better Half	Episode 27	PG
13:45	Doc : I am Fine		
14:30	Magazine: Collar of Duty	S3 EP 1	
15:00	Series: Horrible Science	Episode 15	
15:26	Moon Cireus	Episode 51	

15:41	Moon Cireus	Episode 52	
15:56	Animation: Jabu's Jungle	Episode 9	
16:19	Animation: Power Players	Episode 53,54	
16:43	Animation: Chichi Pingping	Episode 26,27	
17:11	Animation: Magic Cellar	Episode 33,34	
17:35	Series: Brain Buzz	Episode 10	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: The World From Above	Episode 8	
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Tales of Two Lawyers	Episode 4	
21:27	Téléfilm: Dans la Brume		15
22:54	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
WEDNESDAY 22ND JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Fireman Sam	Episode 142,143,144	
08:33	Animation: Get Well Soon	Episode 1,2	
09:04	Series: Grandpa in my Pocket	Episode 5,6	
09:30	Lakwizin	Episode 10	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Series: My great big adventure	Episode 3	

11:30	Comedy: Modern Family	Episode 3	
12:00	Magazine: Initiative Africa	Episode 9	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 28	PG
13:45	Doc : Zanzibar - Island Paradise in Flux		
14:30	Series: White Fang	Episode 2	
15:00	Series: Playtime Towers	Episode 25	
15:22	Animation: The Legendaries	Episode 12	
15:45	Franny's Feet	Episode 13	
16:08	Sissi the Young Empress	Episode 35	
16:35	Turtle Taïdo	Episode 9,10	
16:58	Monster in the forbidden Cities	S1 Episode 25,26	
17:35	Series: Popularity Papers	Episode 25	
18:00	Flash d'Informations		
18:05	Magazine Dyalog -Linite Nasyonal rpt		
19:00	News Headlines		
19:10	Magazine: Africa Eye		
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	4 Degre Sid	Episodde 2	
21:54	Series: A Million Little Things	Episode 49	15
22:38	Series: The Split	S1Ep003	15
23:31	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
THURSDAY 23RD JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		

08:00	Fireman Sam	Episode 145,146,147	
08:33	Animation: Get Well Soon	Episode 3,4	
09:03	Series: Grandpa in my Pocket	Episode 7,8	
09:30	Magazine: Innovation Nation	S18 Ep011	
10:00	Doc: The Threatening Volcano		
10:30	Magazine: On The Pulse	Episode 3	
11:00	Magazine: Vanishing Food	Episode 3	
11:30	Series: Dog's Best Friend	S2 Ep003	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: The Better Half	Episode 29	PG
13:45	Doc : The Antilles -in the Grip of Volcanoes		
14:30	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	S3 EP 2	
15:24	Kuu Kuu Harajuku	Episode 1,2	
15:51	Animation: Jabu's Jungle	Episode 10	
16:17	Animation: Power Players	Episode 55,56	
16:41	Animation: Chichi Pingping	Episode 28,29	
17:09	Animation: Magic Cellar	Episode 35,36	
17:35	Series: Brain Buzz	Episode 11	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:00	Magazine: Focus on Africa		
19:40	Short Magazine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 25.26	15
22:33	Series: Smother	Episode 15	15
23:27	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
FRIDAY 24TH JULY 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Treble chance 75 (rpt)		
08:07	Fireman Sam	Episode 148,150,151	
08:40	Animation: Get Well Soon	Episode 5,6	
09:09	Series: Grandpa in my Pocket	Episode 9,10	
09:35	Lakwizin	Episode 11	
10:02	Doc: Hunting in the Artic Circle		
10:30	Tout le Monde a la Plage	Episode 17	
11:00	Series: How did they Build that?	Episode 12	
11:30	Series: The World Is Yours	Episode 13	
12:00	Magazine: Futureproof	Episode 8	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 30,31	PG
14:30	Series: White Fang	Episode 3	
15:00	Animation: The Legendaries	Episode 13	
15:22	Franny's Feet	Episode 14	
15:45	Sissi the Young Empress	Episode 36	
16:12	Turtle Taïdo	Episode 11,12	
16:34	Monster in the forbidden Cities	S1 Episode 27,28	
17:06	Series: Swashbuckle	S1EP014	
17:35	Kids Fitness With Emma	Episode 20	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Design for you	Episode 1	
19:40	Short Magazine		
20:00	Nouvel		

20:38	Sports News		
20:53	Meteo		
21:00	Game Show: The Weakest Link	S4 EP 5	
21:46	Series: NCIS Hawaii	S02 Ep009	15
22:29	Movie: In Full Bloom		18
23:54	BBC World News		