

GUIDE /WEEK 35 OF 2026



Time	Monday 31st August 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** <u>International Day for People of African Descent</u>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour/Personal Announcements and Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Studio Clinic: Sa semenn dan program nou pou aprofondir plis lo ki manyer Kolesterol ek tansyon o I kapab annan konsekans grav lo nou Lasante e dan kad byennet zanfan nou konn plis lo koneksyon emosyonnel (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:30 AM	Animasyon
10:15AM	Death Messages
10:30AM	Citizenship Matteres: Gender Based Violence – Roadmap - nou koz lo diferan form labi ki egziste dan Sesel. To be repeated on Thursday 3rd September at 08:30pm
11:00AM	Annou Kree: Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer. I kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikorde oubyen envit patisipan dan studio.
12:00PM	***** SEYCLUNCH-12NOON-15HOURS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
1:00 PM	Kwen Detant- (New Country)
2:00PM	Animasyon

03:00PM	*****LANBYANS LABRIN-15:00HRS-18:00HRS *****
3:00PM	Animasyon
4:00PM	Weather Update

5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 31st August 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Lemonn Travay : Sa mwan dan program nou konn plis lo medyasyon. Nou ganny lesplikasyon Departman lanplwa, nou osi ganny pwenvi tyermenn lasosyasyon bann anplwayer ensi byen ki sa ki pou Federasyon linyon travayer Sesel To be repeated on Wednesday 03rd September at 08:00pm
8:30 PM	Animasyon
10:00 PM	Followed by evening continuity
Time	Monday 31st August 2026-22:00 HRS TO 06:00 HRS
01:00 AM	Theatre Radiophonique Anthologie du mystere: - Le voyage en Grece D'Emond Constant
02:00 AM	Nouvote: Sly e Charlie
03:00 AM	Music
04:00 AM	O servis lezot: Nou konn temwanyaz Jude Marie en volonter ki'n dedye plizyer lannen son lavi pou fer travay volonter, i rakont nou son parkour konman en reprezantan Athletes in Action Internationale Power to Change Seychelles.
05:00 AM	A La Carte: File vyey dan dile koko
10:00 PM	Pwen konversasyon: Group madanm parلمانter sesel-Mrs Benstrong
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 1st September 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07: 10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08: 00AM	Animasyon
09:00AM	*****
0900 AM	Animasyon
10:15 AM	Death Messages
10:30AM	Animasyon
11:00 AM	Interview : Culinary Arts Festival 2026 lo Praslin
12:00PM	***** SEYLUNCH-12:00-18:00HRS *****
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel an Kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Les melodies Françaises)
02:00PM	Animasyon
03:00PM	***** LANBYANS TROPIKAL-15:00HRS-18:00HRS *****
03:30 PM	Animasyon
4:00 PM	Weather Update
4:15PM	Envite
5:00PM	Information
5:30PM	Announcements and Messages
6:00 PM	**** SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS **



Time	Tuesday 1st September 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Lospitalite: Dan program sa semenn nou regard lenpak rediksyon dan larive touris lo bann pti lotel. Minis Tourism i donn bilan sa lanmwtye lannen. To be repeated on Tuesday 08th September at 07:30pm
8:30 PM	Living Planet: Evan Jevnikar climate chaos Dinosaurs-if you've ever wondered whether humanity can adapt to a changing climate, the fossils records offer surprising reasons for hope.
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Tuesday 1st September 2026
12:00 AM	Nature Watch: Anse Boileau resident
01:00 AM	Music
02:00 AM	Zot lavwa zot Lasazes: Dan program sa mwan nou rankontre avek gran artist e skilpter Emmanuel Doffay
03:00 AM	Music
04:00 AM	Lemonn travay: Bann lofans e penalty anba lalwa lanplwa e revizyon lalwa lan
05:00 PM	Nou koutim: Konportman zanfan ler zot al visit en lakour
10:00 PM	Nou Lanvironnman: Gran mare e kare lo cousin
11:00 PM	Music

Time	Wednesday 02nd September 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Lemonn Travay : Sa mwan dan program nou konn plis lo medyasyon. Nou ganny lesplikasyon Departman lanplwa, nou osi ganny pwendvi chairman lasosyasyon bann anplwayer ensi byen ki sa ki pou Federasyon linyon travayer Sesel. (Rpt)
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS **
09:00 AM	Animasyon
10:15 AM	Death Messages
10:30 AM	Animasyon
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 H R S *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: - (Vye Paz)
2:00 PM	Animasyon
3:00 PM	***LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:00 PM	Animasyon
4:00 PM	Weather Update
4:15 PM	Envite
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*

Time	Wednesday 02nd September 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Biltèn Nouvel Kreol
7:30 PM	Topik Konversasyon
8:30 PM	Mozaik: Dan programm Mozaik sa semenn nou fer ou konn plis lo Lansman en latelye lo Laprantisaz Ladans Tradisyonnel. Nou pou rankontre poet e ekriven Ruben Lespoir avek son nouvo liv. To be repeated on Saturday 06th September at 10:00am
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Wednesday 02 nd September 2026
12:00 AM	Salut les jeunes: Zenn eksplor valer nou lidantite
01:00 AM	Music
02:00 AM	Nou Later Nou Lanmer: Sa mwan dan programm nou pou konn sanitasyon lo laferm avek zofisye Lagrikiltir, Msye Brian Albert e lezot size ankor
03:00 AM	Music
04:00 AM	Farmasi natirel: Persiiker
05:00 PM	Kouler lavi: How to stand strong in times of weakness
10:00 PM	Laz Dor: Lakwizinn manman e lekzersis ek bann seniors
11:00 PM	Music



Time	Thursday 03rd September 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	Animasyon
09:00AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:30AM	The Challenge Hour: The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa. (Talk for one minute)
12:00PM	*****SEYLUNCH-12:00HRS-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
01:00PM	Kwen Detant (The Classics of the 90's)
02:00PM	Animasyon
03:00 PM	****-LANBYANS TROPIKAL 15:00HRS -18:00 HRS-17:30HRS****
03:00PM	Animasyon
04:00PM	Weather Update
04:15PM	Kwiz Kreol: Enter Skoler-Dezyenm eliminasyon-- Lekol Anse Bolieau segonder kont Lekol Pointe Larue segonder.
04:45PM	Depay ou Dofil: -Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share

	with other listeners certain daily life hacks- (They should share their know-how live on air)
05:00PM	Informations
05:30PM	Announcements and Messages

6:00PM	***** SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS *****
Time	Thursday 03rd September 2026 UN NOUVEAU JOUR 06 :00PM-10:00PM
6:00 PM	News Bulletin
	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Nou sistenm Ledikasyon: Nou konn plis lo en sant profesyonel NIHSS, bann kour ki zot ofer. Misyon e vizyon e sa ki zot anvi fer ankore plis pou etidyan. Temwanyaz de ansyen zeleve sa lenstitisyon pou President Cup Award. To be repeated on Friday 04th September at 08:00am
8:30 PM	Citizenship Matteres: Gender Based Violence – Roadmap - nou koz lo diferan form labi ki egziste dan Sesel.
9:30 PM	Animasyon
10:00PM	Followed By Continuity Broadcast
Time	Thursday 03rd September 2026- HRS TO 06:00 HRS
01:00 AM	Fer konesans: Francois Havelock
02:00 AM	An Fanmiy: Dan program sa semenn nou aprann plis lo Otizm, bann defi ki bann paran avek otizm Ifer fas avek e bann sipor ki bann zanfan e adilt a vek sa kondisyon I rankontre
03:00 AM	Music
04:00 AM	Referans: Apprentiship scheme
05:00 AM	Foye: Kari koko graton avek bred mouroum
10:00 PM	Leko Lazenés: Collin ek Nisha (FADE)
11:00 PM	Music
12:00 AM	Music

Time	Friday 04th September 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	Nou sistenm Ledikasyon: Nou konn plis lo en sant profesyonel NIHSS, bann kour ki zot ofer. Misyon e vizyon e sa ki zot anvi fer ankor plis pour etidyan. Temwanyaz de ansyen zelev sa lenstitisyon pour President Cup Award. (Rpt)
09:30AM	*****SEYCHELLES MATIN-09:00AM-12NOON***
09:00AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:00 AM	Fon lanmal
12:00PM	*****SEYLUNCH-12:00-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel an kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Feel good Fridays)
01:30PM	Animasyon
02:00PM	Animasyon
3:00PM	*****LANBYANS TROPICAL-15:00HRS-18HRS*****
3:00PM	Animasyon
4:00PM	Weather Update
4:15PM	Envite
5:00PM	Informations
5:30PM	Announcements and Messages

6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 04th September 2026
6:00 PM	Animasyon
6:15PM	Radio Religion: - Muslim Community
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel Kreol
7:30PM	Science Unscripted
08: 30PM	Afro Club
09:00PM	Animasyon
10:00 PM	Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 04th September 2026
12:00 AM	His Master's Voice: Hans Lablache
01:00 AM	Music
02:00 AM	Studio Clinic: Sa semen dan program nou pou aprofondir plis lo ki manyer Kolesterol ek tansyon o I kapab annan konsekans grav lo nou Lasante e dan kad byennet zanfan nou konn plis lo koneksyon emosyonnel.
03:00 AM	Music
04:00 AM	Zistwar Kreol: Pa sangor Ma Jeanne ek ti kouto
05:00 AM	Konsej Pratik: Pasyon
10:00 PM	Moris letan lontan
11:00 PM	Music



Time	Saturday 05th 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM* <u>International Day of Charity</u> <u>International Day of the World's</u> <u>Indigenous Women and Girls</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazourmen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:00AM	Animasyon
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
10:00 AM	Mozaik: Dan program Mozaik sa semenn nou fer ou konn plis lo Lansman e latelye lo Laprantisaz Ladans Tradisyonnel. Nou pou rankontre poet e ekriven Ruben Lespoir avek son nouvo liv. (Rpt)
12:05PM	Announcements and Messages
12:30PM	Rezime Nouvel an kreol
12:45PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel lokal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radio Foot
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:15 PM	Radio Religion: - Bahai Community
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel an kreol
8:30 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	Followed by Continuity Broadcast

Time	Saturday 05 th September 2026 *****22:00 HRS TO 06:00 HRS*****
12:00 AM	Gerizon tradisyonel: Mont o syel
01:00 AM	Music.
02:00 AM	Mon melody: France Bonte
03:00 AM	Music
04:00 AM	Sante Sesel: Eskize
05:00 AM	En travayer: Prodiktivite
10:00 PM	An bonne sante: Maladi mantal
11:00 PM	Music

Time	Sunday 06th September 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from the Cathedral of the Immaculate Conception
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel
12:45 PM	Death Messages
01:00 PM	Animasyon
01:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
02:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
04:00 PM	News Round Up (English & French back-to-back)
05:00 PM	Moris letan lontan with-Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
06:15 PM	Radio Religion: -The Anglican church
06:30 PM	Announcements and Messages
07:30 PM	Lontan lo Zil : Envite : Julianna Rapide
07:50:PM	Ou rappel sa enn : Joseph Louise -Lavi Seselwa
08:00PM	Weekly Radio Guide
08:15PM	Nostalzi: En seleksyon bann lanmizik lepace
08:30PM	Lontan lo Zil : Envite-Juliana rapide -Dezyenm parti
09:00 PM	Retrete: Micheline Bradburn
09: 30PM	Teat: La Megere apprivoisee' Un realisation Francophonique de Jules Hoareau et Lina Laurence.
10:00 PM	Frenchy Box with Jonathan Agathin followed by the Continuity Broadcast.



Time	Sunday 06 th September 2026 ***** 22:00 HRS TO 06:00 HRS*****
12:00 AM	Femme a la une : Diskriminasyon kont bann madanm
01:00 AM	Music
02:00 AM	Listwar : Listwar Kwayans ek lezann Sesel (Nou listwar)Dan dezyenm program dan sa seri program listwar kwayans e lezann Sesel eksplor Kolonizasyon e premye pepleman Sesel
03:00 AM	Music
04:00 AM	Elle : Konfyans dan ou lekor
05:00 AM	Zistwar kreol : Kouper bout
10:00 PM	Frenchy Box
11:00PM	Music







