

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 29TH AUGUST 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 30	
09:24	Animation: Monster Loving Maniacs	Episode 25,26	
09:48	The Drakers	Episode 17	
10:18	Animation: Partidei	Episode 43,44	
10:50	Series: Backstage	S02EP010	
11:15	Magazine: Rev		
11:45	Series: Jamie Johnson	Episode 43	
12:15	Series: Junior Bake Off	S08 Ep011	
13:00	Series: Malory Towers	Episode 12	
13:25	Series: Maggie & Bianca	Episode 52	
13:55	Series: Doctor X	Episode 1	
15:00	The Great Interior Design Challenge	Episode 4	
16:02	Comedy: Family Time	Episode 19	
16:25	Series : Like a Flowing River	Episode 34	
17:11	Series: Forever My Love	Episode 82	
18:00	Documentary: Weird Ocean Creatures	Episode 10	
19:00	My Retro	S16 Episode 8	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Series: CSI: Vegas	S1-EP005	15
21:42	Movie: Sorry for your Loss		15
23:48	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	SUNDAY 30TH AUGUST 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 31	
09:24	Animation: Monster Loving Maniacs	Episode 27,28	
09:48	The Drakers	Episode 18	
10:18	Animation: Partidei	Episode 45,46	
10:50	Series: Itch	Episode 16	
11:15	Comedy: The Neighborhood	Episode 80	
11:40	Konser: Eleman Sirpriz - Elijah		
14:30	Series: Sanditon	Episode 4	
15:20	Series: Be Careful With My Heart	Episode 67	
16:15	Family Movie: That's What I Am		PG
18:00	Series : Welcome to Milele	Episode 16	
18:55	Series: Return to Paradise	S2 EP 4	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 47,48	15
22:33	Series: El Chapo	Episode 18	15
23:18	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	MONDAY 31ST AUGUST 2026		

Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Animation: Pororo The Little Penguin	Episode 38,39,40,41	
08:24	Animation: Looloo Kids	Episode 27,28	
08:48	Series: Larry the Wonder Pup	Episode 9,10	
09:25	Lakwizin	Episode 14	
10:00	Dokimanter: Sou Maren	Sister Bank	
10:00	Magazine: Our Earth	Episode 6	
10:31	Magazine: Sucrément Bon	Episode 17	
11:01	Magazine: Close Up		
11:30	Magazine: Ageless Gardens	Episode 4	
12:00	Magazine: The Food Files	S3 Episode 8	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 62	PG
13:45	Doc : My Holy Car- Pt 1		
14:30	Magazine: Tomorrow Today		
15:00	Space racers	Episode 5,6	
15:28	Franny's Feet	Episode 30	
15:52	Sissi the Young Empress	Episode 52	
16:22	Animation: Legend Quest	Episode 9	
16:48	Le Petit Prince	Episode 3	
17:12	Series: Popularity Papers	Episode 10	
17:35	Kids Fitness With Emma	Episode 10	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Game Show: Bridge of Lies	Episode 22	
20:00	Nouvel		

20:38	Sports News		
20:53	Meteo		
21:00	Tête à Tête	Episode 19	
21:27	Series: The River	Episode 224	15
22:10	Series: Frankie Drake Mysteries	Episode 17	15
22:55	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	TUESDAY 01ST SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Animation: Pororo The Little Penguin	Episode 42,43,44,45	
08:24	Animation: Looloo Kids	Episode 29,30	
08:48	Series: Larry the Wonder Pup	Episode 11,12	
09:25	Lakwizin	Episode 15	
10:00	Magazine: Euromaxx		
10:30	Magazine: Eating Plants	S2 EP 1	
11:01	Magazine: Fierce Earth	Episode 2	
11:30	Magazine: Eating Plants	S2 EP 1	
12:01	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: The Better Half	Episode 63	PG
13:45	Doc : My Holy Car- Pt 2		
14:30	Magazine: Collar of Duty	Episode 5	
15:00	Series: Sam Fox: Extreme Adventures	Episode 6	
15:26	Kuu Kuu Harajuku	Episode 23	
15:38	Kuu Kuu Harajuku	Episode 24	

15:51	Animation: Jabu's Jungle	Episode 21	
16:14	Animation: Gus - The Itsy Bitsy Knight	Episode 11,12	
16:38	Animation: Chichi Pingping	Episode 50,51	
17:06	Animation: Galaxy Kids	Episode 5,6	
17:35	Series: Brain Buzz	Episode 22	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: The World From Above	Episode 5	
19:39	Dan Retret - Therese Holanda		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Comedy: The Neighborhood	Episode 94	15
21:23	Téléfilm: Flashs (1ère Partie)		15
22:54	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	WEDNESDAY 02ND SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Animation: Pororo The Little Penguin	Episode 46,47,48,49	
08:32	Animation: Looloo Kids	Episode 31,32	
09:00	Series: Larry the Wonder Pup	Episode 13,14	
09:28	Lakwizin	Episode 16	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		

11:00	Series: My great big adventure	Episode 9	
11:30	Documentary: Love Your Garden	Episode 1	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 64	PG
13:45	Doc : Europe Narcos Pt 2		
14:30	Series: White Fang	Episode 14	
15:00	Space racers	Episode 7,8	
15:24	Franny's Feet	Episode 31	
15:54	Sissi the Young Empress	S03 Ep 001,002	
16:38	Animation: Legend Quest	Episode 10	
17:12	Le Petit Prince	Episode 4	
17:36	Series: Popularity Papers	Episode 11	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Africa Eye		
19:39	Dan Retret - Agnes Raoudy		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Series: A Million Little Things	Episode 55	15
21:50	Series: The Split	S2Ep003	15
22:51	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	THURSDAY 03RD SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating

06:00	Bonzour Sesel		
08:00	Animation: Pororo The Little Penguin	Episode 50,51,52,1	
08:24	Animation: Looloo Kids	Episode 33,34	
08:48	Series: Larry the Wonder Pup	Episode 15,16	
09:26	Series: Bushwhacked	Episode 4	
10:00	Doc : Romania - Torn between work and Home		
10:30	Magazine: On The Pulse	Episode 1	
11:00	Magazine: Vanishing Food	Episode 1	
11:30	Series: Dog's Best Friend	S2 Ep009	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: The Better Half	Episode 65	PG
13:45	Doc : Europe Narcos Pt 1		
14:30	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	Episode 6	
15:26	Kuu Kuu Harajuku	Episode 25,26	
15:52	Animation: Jabu's Jungle	Episode 22	
16:15	Animation: Gus - The Itsy Bitsy Knight	Episode 13,14	
16:39	Animation: Chichi Pingping	Episode 52,1	
17:07	Animation: Galaxy Kids	Episode 7,8	
17:35	Series: Brain Buzz	Episode 23	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Focus on Africa - "Conversation"		
19:39	Dan Retret - Joel Azemia		
20:00	Nouvel		

20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 49,50	15
22:33	Series: Parade's End	Episode 3	15
23:32	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
FRIDAY 04TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Treble Chance 75 rpt		
08:08	Messy Goes To Okido	Episode 1,2	
08:33	Animation: Looloo Kids	Episode 35,36	
08:57	Series: Larry the Wonder Pup	Episode 17,18	
09:26	Lakwizin	Episode 17	
10:00	Doc : The Last refuge from Deportation		
10:30	Magazine: How Do They Do It	Episode 5	
11:00	Tout le Monde a la Plage	Episode 3	
11:30	Documentary: Love Your Garden	Episode 2	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 66,67	PG
14:32	Series: White Fang	Episode 15	
15:00	Space racers	Episode 9,10	
15:28	Franny's Feet	Episode 32	
15:50	Sissi the Young Empress	S03 Ep 003,004	
16:18	Animation: Legend Quest	Episode 11	
16:48	Le Petit Prince	Episode 5	

17:12	Series: Swashbuckle	S1EP020	
17:35	Kids Fitness With Emma	Episode 11	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Design for you	Episode 6	
19:39	Dan Retret - Mary Vidot		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Game Show: The Weakest Link	S4 EP 10	
21:46	Series: NCIS Hawaii	S02 Ep014	15
22:30	Movie: Deadly Attraction		15
00:01	BBC World News		