

GUIDE /WEEK 38 OF 2026



Time	Monday 21st September 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** <u>International Day of Peace</u>
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	Casual Labour/Personal Announcements and Messages
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	1 minit obzervasyon pou lape (One minute peace campaign by SIFCO). Followed by "Anvwa disaparasyon": Sa mwan dan program nou pou aprann lo metye Forzron, en metye kin preske konpletman disparet. Nou pou osi fer konesans avek en Welder en metye kin preski ranplas metye forzron konmela. (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00HRS-12NOON*****
09:30 AM	Animasyon
10:15AM	Death Messages
10:30AM	Envite : Interview with Dr Andre Leste a Consultant and Miss Laurette Lebon, regarding the IECD's third Regional on Progress and Way forward on the Tashkent Declaration and Commitments to action for Transforming Early Childhood Care and Education (ECCE)
11:00AM	Annou Kree: Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer. I kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikorde oubyen envit patisipan dan studio.
12:00PM	***** SEYCLUNCH-12NOON-15HOURS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages

1:00 PM	Kwen Detant- (New Country)
2:00PM	Animasyon
03:00PM	*****LANBYANS LABRIN-15:00HRS-18:00HRS *****
3:30PM	Radio game: Regatta 2026
4:00PM	Weather Update

5:00PM	Informations
5:30PM	Announcements and Messages
6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS*****
Time	Monday 21st September 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	O servis lezot: Dan sa enn program nou konn plis lo parkour Dan Malcouzane konman en volonter, Tony Souffe Tyermenn Rastafari Movement Association, Mrs Marie Nella Azemia i koz lo ' CAB – Citizens Advice Bureau '. To be repeated on Thursday 24th September at 03:00pm
8:30 PM	Zot lavwa zot lasazes: Sa mwan dan program nou zwenn avek Dr Victorin Laboudallon, en pionye dan konservasyon ek proteksyon nou lanvironman Sesel. To be repeated on Friday 25th September at 08:00am
10:00 PM	Followed by evening continuity
Time	Monday 21st September 2026-22:00 HRS TO 06:00 HRS
01:00 AM	Theatre Radiophonique Anthologie du mystere: Alo la mort de Louis C Thomas
02:00 AM	Nouvote: 'Lape' nouvote Philip Toussaint
03:00 AM	Music
04:00 AM	Annou Diskite : Mwan septanm I mwan vyeyir an bonn sante - en lobzervasyon anyel ki konsantre lo lavyeyes pozitiv, lasante fizik, byennet mantal, e lavi aktiv pour bann adilt, e se sa nou size diskisyon pou sa mwan
05:00 AM	Reset: Talatelye au scala
10:00 PM	Pwen konversasyon: Lazournen ozone
11:00 PM	Music
12:00 AM	Music



Time	Tuesday 22nd September 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour/Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	1 minit obzervasyon pou lape (One minute peace campaign by SIFCO). Followed by Animasyon
09:00AM	*****
0900 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00PM	*****SEYLUNCH-12:00-18:00HRS*****
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel an Kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Les melodies Françaises)
02:00PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
03:00PM	*****LANBYANS TROPIKAL-15:00HRS-18:00HRS*****
03:30 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00PM	Information
5:30PM	Announcements and Messages
6:00 PM	**** SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**



Time	Tuesday 22nd September 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Bilten Nouvel Kreol
7:30 PM	Lemonn Teknolozi: Dan program sa mwan, nou zwenn avek Manmzel Jovinella Rath responsab pour departman prodwi e segman kot labank Absa, ki partaz avek nou enpe lo bann servis nimerik ki labank Absa I ofer pou fasilite lavi son bann kliyan To be repeated on Thursday 24th September at 08:00am
8:30 PM	Nou Lanmer Nou Later: Sa mwan dan Program, Nou Pou fer ou fer konsepsyon avek Msye Ferley Marie dan leo Sweet Escote, e nou pou osi konn meyor fason pou itilize pestisid lo ou laferm, ek bann lekiman nesese ki ou bezwen. To be repeated on Saturday 26th September at 10:00am
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Tuesday 22nd September 2026
12:00 AM	Nature Watch: Wastery initiative-Kanpanny pou promote lamenazman salte
01:00 AM	Music
02:00 AM	En Regar Lo Lemonn: Dan program sa semenn nou abòrd lo dezase kin arive Nepal, e nou osi regar lo nouvo Lerwa Norvezyen e plizyè lezot size ankor.
03:00 AM	Music
04:00 AM	Lemonn travay: Unit pwosèkisyon kot Minisè Lanplwa
05:00 PM	Jardinage: Metòd simik pou kontwòl pest e maladi
10:00 PM	Nou Lanvironnman: Nou koz lo sa kòki ki apèl benitye
11:00 PM	Music

Time	Wednesday 23rd September 2026 *****UN NOUVEAU JOUR***** ** 06:00AM TO 09:00AM* <u>International Day of Sign Languages</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	1 minit obzervasyon pou lape (One minute peace campaign by SIFCO). Followed by Animasyon
09:00AM	*****SEYCHELLES MATIN-9:00HOURS-12:00HOURS **
09:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
10:15 AM	Death Messages
11:00 AM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
12:00 PM	*****SEYLUNCH-12:00HRS-15:00 H R S *****
12:05 PM	Announcements and Messages
12:30 PM	Bilten Nouvel
12:45 PM	Death Messages
1:00 PM	Kwen Detant: - (Vye Paz)
2:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
3:00 PM	***LANBYANS TROPIKAL-15:00 HRS-18:00HRS*****
3:00 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
4:00 PM	Weather Update
4:15 PM	NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT
5:00 PM	Informations
5:30 PM	Announcements and Messages
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*

Time	Wednesday 23rd September 2026 *****UN NOUVEAU JOUR***** *06:00 PM TO 10:00 PM*
6:00 PM	News Bulletin
6:30 PM	Death Messages
7:00 PM	Biltèn Nouvel Kreol
7:30 PM	Programm Spesyal: Pou mark mwan alzheimer nou anmenn ou en seri interview avek bann dimoun ki pe soufer avek dementia e osi bann ki pe pran swen avek manm fanmiy ki annan sa kondisyon. Dan dezyenm program nou zwenn Jacqueline Renaud ki pran swen avek son papa ki ganny alzheimer.
8:30 PM	An Fanmiy: Dan program sa semenn, nou zwenn avek paran ki zot zanfan in al etidye a letranze e fanmiy I partaz avek nou ki mannyer sa separasyon I enpakte lo lafanmiy. To be repeated on Friday 25th September at 02:00pm
9:30 PM	Animasyon
10:00 PM	Followed by Continuity Broadcast
Time	22:00 HRS TO 06:00 HRS
	Wednesday 23 rd September 2026
12:00 AM	Salut les jeunes: Laniverser SNYC
01:00 AM	Music
02:00 AM	Anvwa Disparisyon : Nou aprann lo metye Forzron en metye kin preski konpletman disparet. Nou pou osi fer konesans avek en Welder en metye kin preski ranplas metye Forzron konmela
03:00 AM	Music
04:00 AM	Farmasi natirel: Vilakwa
05:00 PM	Kwayans Popiler: Zekler
10:00 PM	Laz Dor: Madanm Louise e madanm Valentin dan Port Glaud
11:00 PM	Music



Time	Thursday 24th September 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM* <u>World Maritime Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	1 minit obzervasyon pou lape (One minute peace campaign by SIFCO). Followed by "Lemonn Teknolozi": Dan program sa mwan, nou zwenn avek Manmzel Jovinella Rath responsab pour departman prodwi e segman kot labank Absa, ki partaz avek nou enpe lo bann servis nimerik ki labank Absa I ofer pou fasilite lavi son bann kliyan (Rpt)
09:00AM	*****SEYCHELLES MATIN-09:00AM-12NOON*****
09:00AM	Animasyon
09:30AM	Magazine Environnement: Cette semaine nous vous proposons une editions special de notre émission en hommage à l'un de nos pionniers, M. Senna Alouka, disparu le 31 août à l'âge de 51 ans, pour son engagement en faveur de l'environnement en Afrique. Il était le fondateur de l'ONG `Jeunes pour l'environnement`Youth for the Environment `.
10:15AM	Death Messages
10:30AM	Animasyon
11:30AM	The Challenge Hour: The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa. (Spelling Challenges)
12:00PM	*****SEYLUNCH-12:00HRS-15:00HRS*****

12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel
12:45PM	Death Messages
01:00PM	Kwen Detant (The Classics of the 90's)
02:00PM	Animasyon
03:00 PM	****-LANBYANS TROPIKAL 15:00HRS -18:00 HRS-17:30HRS****
03:00PM	O servis lezot: Dan sa enn program nou konn plis lo parkour Dan Malcouzane konman en volonter, Tony Souffe Tyermenn Rastafari Movement Association, Mrs Marie Nella Azemia i koz lo CAB – Citizens Advice Bureau. (Rpt)
03:30PM	Radio game: Regatta 2026
04:00PM	Weather Update
04:15PM	Kwiz Kreol: Enter Skoler- Premye Semi Final-Lekol Belonie kont Lekol Anse Boileau.
04:45PM	Depay ou Difil: -Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share with other listeners certain daily life hacks- (They should share their know-how live on air)
05:00PM	Informations
05:30PM	Announcements and Messages

6:00PM	*****SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS****
Time	Thursday 24th September 2026 UN NOUVEAU JOUR 06 :00PM-10 :00PM
6:00 PM	News Bulletin
6:30PM	Death Messages
7:00 PM	Bilten Nouvel an Kreol
7:30 PM	Studio Clinic: Le 14 ziska le 20 Septanm ti Lasemenn mondyal sekirite paysan e sa semenn nou konn plis lo sa size, e touzour anlinny avek mwan septanm ki mwan vyeyir an bonn sante, nou osi aprofondir plis lo sa size To be repeated on Monday 28th September at 08:00am
8:30 PM	Listwar Kwayans e lezann sesel: Bann bato dan listwar kinn fer voyaz zil pros e elwanye.
9:30 PM	Animasyon
10:00PM	Followed By Continuity Broadcast
Time	Thursday 24th September 2026- HRS TO 06:00 HRS
01:00 AM	Mozaik: Kabare kreol avek Berno Cedras e group Lecho
02:00 AM	Pran li Fasil: Sa mwan dan program nou pou koz lo disiplin
03:00 AM	Music
04:00 AM	Studio clinic : Kanser trip
05:00 AM	Foye: Katkat zak avek karang toufe
10:00 PM	Leko Lazenés: Sant lazenes e subios
11:00 PM	Music
12:00 AM	Music

Time	Friday 25th September 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages /Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	1 minit obzervasyon pou lape (One minute peace campaign by SIFCO. Followed by "Zot lavwa zot Lasazes": Sa mwan dan program nou zwenn avek Dr Victorin Laboudallon, en pionye dan konservasyon ek proteksyon nou lanvironman Sesel. (Rpt)
09:30AM	*****SEYCHELLES MATIN-09:00AM-12NOON***
09:00AM	Animasyon
10:15AM	Death Messages
10:30AM	Animasyon
11:00 AM	Fon lanmal
12:00PM	*****SEYLUNCH-12:00-15:00HRS*****
12:05PM	Announcements and Messages
12:30PM	Bilten Nouvel an kreol
12:45PM	Death Messages
01:00PM	Kwen Detant- (Feel good Fridays)

02:00PM	An Fanmiy: Dan program sa semen, nou zwenn avek paran ki zot zanfan in al etidye a lettranze e fanmiy I partaz avek nou ki manyer sa separasyon I enpakte lo lafanmiy. (Rpt)
3:00PM	***** LANBYANS TROPICAL-15:00HRS-18HRS *****
3:00PM	Animasyon
03:30PM	Radio game: Regatta 2026
4:00PM	Weather Update
4:15PM	Envite
5:00PM	Informations
5:30PM	Announcements and Messages

6:00 PM	**SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS****
Time	Friday 25th September 2026
6:00 PM	Animasyon
6:15PM	Radio Religion: - Muslim Community
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel Kreol
7:30PM	Programm Spesyal: Pou mark mwan alzheimer nou anmenn ou en seri interview avek bann dimoun ki pe soufer avek dementia e osi bann ki pe pran swen avek manm fanmiy ki annan sa kondisyon. Dan twazyenm program nou zwenn madanm Angelle Asba ki ganny Alzheimer e nou osi koz ek son fiyy Veronica Gedeon.
08:00PM	Programm Parti Politik
09: 00PM	Afro Club
09:30PM	Animasyon:
10:00 PM	Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.
Time	22:00 HRS TO 06:00 HRS
	FRIDAY 25th September 2026
12:00 AM	His Master's Voice: Miriam Jean
01:00 AM	Music
02:00 AM	Mozaik: Dan program sa semenn nou amenn ou Praslin pou re-ouvertir Rita's Art Studio and Gallery e osi nou rann en visit La misere dan studio Beau est Mien kot msye Egbert Marday
03:00 AM	Music
04:00 AM	Zistwar Kreol: Bakailo
05:00 AM	Konsej Pratik: Ki fason nou servi lenformasyon lo nou lespri
10:00 PM	Moris letan lontan
11:00 PM	Music



Time	Saturday 26th September 2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM* <u>International Day for the Total</u> <u>Elimination of nuclear weapons</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour Messages and Personal Announcements
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	Commercial Announcements
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:00AM	Animasyon
10:00 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM *****
10:00 AM	Nou Lanmer Nou Later: Sa mwan dan Progranm, Nou Pou fer ou fer konesans avek Msye Ferley Marie dan leo Sweet Escote, e nou pou osi konn meyer fason pou itiliz pestisid lo ou laferm, ek bann lekipman nesaser ki ou bezwen. (Rpt)
12:05PM	Announcements and Messages
12:30PM	Rezime Nouvel an kreol
12:45PM	Death Messages
1:00 PM	Animasyon
1:30 PM	*****SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel lokal e Enternasyonal)
3:45PM	News Round up (English & French) Back-to-back
4:00PM	Radio Foot
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:15 PM	Radio Religion: - Seventh Day Adventist
6:30PM	Announcements and Messages
7:00 PM	Bilten Nouvel an kreol
8:30 PM	Tik Tik dan kwen: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	Followed by Continuity Broadcast

Time	Saturday 26 th September 2026 *****22:00 HRS TO 06:00 HRS*****
12:00 AM:	Gerizon par tradisyonel: Kannel
01:00 AM	Music.
02:00 AM	Sesel an kouler: Marie-claude I fer nou konn plis lo fabrikasyon la bouzi, Carol I amenn nou kot lofis premyer dam kot nou konn plis lo linisiativ 'Boys connect', Jean-Michel I amenn nou dekouver travay artis Justin Reddy e bokou lezot size ankor
03:00 AM	Music
04:00 AM	Dan mon prop mo: -Sir Terence Vel en natiralis
05:00 AM	Travayer seselwa: Elevaz zannimo
10:00 PM	Magazin Lasante: Sinny e sentonm lenfestasyon lever
11:00 PM	Music

Time	Sunday 27th September 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM <u>World Tourism Day</u>
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	Casual Labour / Personal Announcements and Messages
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	Commercial Announcements
07:30 AM	Resume d'Informations
08:00 AM	Animasyon
09:00 AM	Mass from St Paul's Cathedral
10:30 AM	***** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	Randevou
11:30 PM	Alo Les Iles
12:05PM	Announcements and Messages
12:30 PM	Rezime Nouvel
12:45 PM	Death Messages
01:00 PM	Animasyon
01:30 PM	*****WEEKEND CAFE **13:30 HRS – 17 :30 HRS*****
02:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
04:00 PM	News Round Up (English & French back-to-back)
05:00 PM	Moris letan lontan with-Jonathan Agathin
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
06:15 PM	The Roman Catholic Church
06:30 PM	Announcements and Messages
07:30 PM	Animasyon
07:50:PM	Ou rappel sa enn : John Wirtz-Marye tro zenn
08:00PM	Weekly Radio Guide
08:15PM	Nostalzi:
08:30PM	Animasyon
09:00 PM	Kreol Leo: Gonsalves Pool
09: 30PM	Teat: La Megere apprivoisee' Un realisation Francophonique de Jules Hoareau et Lina Laurence. (quatrieme partie)
10:00 PM	Frenchy Box with Jonathan Agathin followed by the Continuity Broadcast.



Time	Sunday 27 th September 2026 ***** 22:00 HRS TO 06:00 HRS*****
12:00 AM	An fanmiy: Prosedir ladopsyon e en temmwayz
01:00 AM	Music
02:00 AM	Triyang: Travay en forzron e osi distilizasyon kannel
03:00 AM	Music
04:00 AM	Elle: Efois e Nail fungus
05:00 AM	Zistwar kreol: Fye ou delo ki dormi
10:00 PM	Frenchy Box
11:00PM	Music







