

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 05TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 32	
09:24	Animation: Monster Loving Maniacs	Episode ,30,31	
09:48	The Drakers	Episode 19	
10:14	Animation: Bad Jelly	Episode 8	
10:37	Animation: Partidei	Episode 47,48	
11:05	Series: Backstage	S02EP011	
11:28	Magazine: Rev		
11:55	Series: Jamie Johnson	Episode 43	
12:24	Series: Junior Bake Off	S08 Ep011	
13:10	Series: Malory Towers	Episode 12	
13:35	Series: Maggie & Bianca	Episode 52	
14:01	Series: Doctor X	Episode 2	
15:00	The Great Interior Design Challenge	Episode 5	
16:01	Comedy: Family Time	Episode 20	
16:24	Series : Like a Flowing River	Episode 35	
17:10	Series: Forever My Love	Episode 83	
18:00	Documentary: Are We Ready For Net Zero	Episode 1	
19:00	My Retro	S16 Episode 9	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Series: CSI: Vegas	S1-EP006	15
21:42	Movie: Altered Reality		15
23:22	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	SUNDAY 06TH SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 33	
09:24	Animation: Monster Loving Maniacs	Episode 32.33	
09:48	The Drakers	Episode 20	
10:15	Animation: Bad Jelly	Episode 9	
10:39	Animation: Partidei	Episode 49,50	
11:07	Series: Pickle Storm	Episode 9	
11:31	Series: Itch	Episode 16	
11:57	Series: Born to Spy	Episode 5	
12:25	Comedy: The Neighborhood	Episode 81	
12:50	Concert: Lady Antebellum		
14:25	Series: Sanditon	Episode 5	
15:15	Series: Be Careful With My Heart	Episode 68	
16:10	Family Movie: Faith, Hope & Love		
18:00	Series : Welcome to Milele	Episode 17	
18:54	Series: Return to Paradise	S2Episode 5	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 51,52	15
22:33	Series: El Chapo	Episode 19	15
23:15	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
MONDAY 07TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 3,4	
08:24	Animation: Looloo Kids	Episode 37,38	
08:50	Series: Larry the Wonder Pup	Episode 19,20	
09:25	Lakwizin	Episode 18	
10:00	Dokimanter: Sou Maren	Round Island	
10:16	Magazine: Our Earth	Episode 7	
10:32	Magazine: Sucrément Bon	Episode 18	
11:01	Magazine: Close Up		
11:30	Documentary: Love Your Garden	Episode 3	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 68	PG
13:45	Doc: The Healing Power of Music		
14:30	Magazine: Tomorrow Today		
15:00	Space racers	Episode 11,12	
15:26	Franny's Feet	Episode 33	
15:48	Sissi the Young Empress	S03 Ep 005,6	
16:18	Animation: Legend Quest	Episode 12	
16:44	Le Petit Prince	Episode 6	
17:12	Series: Popularity Papers	Episode 12	
17:40	Kids Fitness With Emma	Episode 12	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Kwen Tapi	S6 Episode 7	
19:39	Dan Retret -Emanuel Freminot		
20:00	Nouvel		
20:38	Sports News		

20:53	Meteo		
21:00	Tête à Tête	Episode 20	
21:27	Series: The River	Episode 225	15
22:10	Series: Frankie Drake Mysteries	Episode 18	15
22:54	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	TUESDAY 8TH SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 5,6	
08:25	Animation: Looloo Kids	Episode 39,40	
08:50	Series: Larry the Wonder Pup	Episode 21,22	
09:25	Lakwizin	Episode 19	
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 4	
11:00	Magazine: Eating Plants	S2 EP 2	
11:30	Magazine: Fierce Earth	Episode 3	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: The Better Half	Episode 69	PG
13:45	Doc: A Bitter Sweet deal- The Diabetes Business		
14:30	Magazine: Collar of Duty	Episode 7	
15:00	Series: Sam Fox: Extreme Adventures	Episode 7	
15:25	Kuu Kuu Harajuku	Episode 27 ,28	
15:51	Animation: Jabu's Jungle	Episode 23	
16:14	Animation: Gus - The Itsy Bitsy Knight	Episode 15,16	
16:38	Animation: Semi in Magic Cube	Episode 1,2	
17:06	Animation: Galaxy Kids	Episode 9,10	
17:35	Series: Brain Buzz	Episode 24	

18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: The World From Above	Episode 7	
19:39	Dan Retret -Michel Bradburn		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Lopinyon	Episode 11	
21:53	Téléfilm: Un Père Idéal		15
23:23	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	WEDNESDAY 9TH SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 7 ,8	
08:25	Animation: Looloo Kids	Episode 41,42	
08:50	Series: Larry the Wonder Pup	Episode 23,24	
09:25	Lakwizin	Episode 20	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Series: My great big adventure	Episode 10	
11:30	Documentary: Love Your Garden	Episode 4	
12:30	Nouvel		
13:00	Series: The Better Half	Episode 70	PG
13:45	Doc: The Man Who Was Looking For His Son		
14:30	Series: White Fang	Episode 16	
15:00	Space racers	Episode 13,14	
15:27	Franny's Feet	Episode 34	

15:58	Sissi the Young Empress	S03 Ep 007,8	
16:22	Animation: Legend Quest	Episode 13	
16:52	Le Petit Prince	Episode 7	
17:30	Series: Popularity Papers	Episode 13	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Africa Eye		
19:39	Dan Retret -Marie -Therese Marie		
19:48	Lemonn Volonter - Julio Lucas		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Tremolo	Episode 6	
21:53	Series: A Million Little Things	Episode 56	15
22:35	Series: The Split	S2Ep003	15
23:36	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	THURSDAY 10TH SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 9,10	
08:25	Animation: Looloo Kids	Episode 43,44	
08:49	Series: Larry the Wonder Pup	Episode 25	
09:05	Series: Bushwhacked	Episode 5	
09:35	Doc: The Weight of Water		
10:30	Magazine: On The Pulse	Episode 2	
11:00	Magazine: Vanishing Food	Episode 2	

11:30	Series: Dog's Best Friend	S2 Ep010	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Doc: Defender of the Faith		
14:30	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	Episode 8	
15:24	Kuu Kuu Harajuku	Episode 29,30	
15:50	Animation: Jabu's Jungle	Episode 24	
16:13	Animation: Gus - The Itsy Bitsy Knight	Episode 17,18	
16:37	Animation: Semi in Magic Cube	Episode 3 ,4	
17:05	Animation: Galaxy Kids	Episode 11,12	
17:35	Series: Brain Buzz	Episode 25	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Focus on Africa - "Conversation"		
19:39	Lemonn Volonter- Marie Nella Azemia		
19:45	Lemonn Volonter - Davis Mathiot		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 53,54	15
22:33	Series: Parade's End	Episode 3	15
23:32	BBC World News		

	SBC1 TV PROGRAMME SCHEDULE		
	FRIDAY 11TH SEPTEMBER 2026		
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Treble Chance 75 rpt		

08:08	Messy Goes To Okido	Episode 11,12	
08:32	Animation: Looloo Kids	Episode 45,46	
08:56	Series: Larry the Wonder Pup	Episode 26 ,27	
09:25	Lakwizin	Episode 21	
10:00	Doc: More Sense, Less Greed		
10:30	Magazine: How Do They Do It	Episode 6	
11:00	Tout le Monde a la Plage	Episode 4	
11:30	Documentary: Love Your Garden	Episode 5	
12:30	Nouvel		
13:00	Doc: Himalayah Expedition		
14:30	Series: White Fang	Episode 17	
15:00	Space racers	Episode 15,16	
15:26	Franny's Feet	Episode 35	
15:48	Sissi the Young Empress	S03 Ep 009,10	
16:18	Animation: Legend Quest	Episode 14	
16:43	Le Petit Prince	Episode 8	
17:08	Series: Swashbuckle	S1EP021	
17:35	Kids Fitness With Emma	Episode 13	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Konpetisyon Kiliner	Episode 2	
19:39	Lemonn Volonter - Germaine Valentine		
19:47	Lemonn Volonter - Hendreika Monthy		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Tale of Two Laywers	Ep 1,2,3,4	
22:49	Movie: Dance night obsession		15
00:00	BBC World News		