

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 12TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 34	
09:24	Animation: Monster Loving Maniacs	Episode 34,35	
09:50	The Drakers	Episode 21	
10:17	Animation: Bad Jelly	Episode 10	
10:40	Animation: Partidei	Episode 51,52	
11:08	Series: Backstage	S02EP012	
11:30	Magazine: Rev		
11:57	Series: Jamie Johnson	Episode 44	
12:26	Series: Junior Bake Off	S08 Ep012	
13:12	Series: Malory Towers	Episode 13	
13:39	Series: Maggie & Bianca	Episode 53	
14:05	Series: Doctor X	Episode 3	
14:51	The Great Interior Design Challenge	Episode 6	
15:53	Comedy: Family Time	Episode 21	
16:22	Series : Like a Flowing River	Episode 36	
17:10	Series: Forever My Love	Episode 84	
18:00	Documentary: Are We Ready For Net Zero	Episode 2	
19:00	My Retro	S16 Episode 10	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Series: CSI: Vegas	S1-EP007	
21:44	Movie: Eternal Code		15
23:15	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
SUNDAY 13TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 35,	
09:24	Animation: Monster Loving Maniacs	Episode 36,37	
09:50	The Drakers	Episode 22	
10:17	Animation: Bad Jelly	Episode 11	
10:40	Animation: Idefix and the Indomitables	Episode 1,2	
11:08	Series: Pickle Storm	Episode 10	
11:31	Series: Itch	Episode 17	
11:57	Series: Born to Spy	Episode 6	
12:26	Comedy: The Neighborhood	Episode 82	
12:55	Series: Sanditon	Episode 5	
13:45	Twinkle Twinkle Little Stars 2026		
15:42	Series: Be Careful With My Heart	Episode 69	
16:30	Family Movie: The Letter Writer		15
18:00	Series : Welcome to Milele	Episode 18	
18:54	Series: Return to Paradise	S2 EP 6	
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 55,56	
22:34	Series: El Chapo	Episode 20	18
23:23	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
MONDAY 14TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 13,14	
08:24	Animation: Looloo Kids	Episode 47 ,48	
08:50	Series: Larry the Wonder Pup	Episode 28 ,29	
09:25	Pare dan 15	Steak Ton	
10:00	Dokimanter: Sou Maren	Red Point	
10:16	Dis moi-Dix mots	Episode 1	
10:32	Magazine: Sucrément Bon	Episode 19	
11:00	Magazine: Close Up		
11:30	Documentary: Love Your Garden	Episode 6	
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 1	PG
13:45	Doc: Convicted of Murder		
14:30	Magazine: Tomorrow Today		
15:00	Space racers	Episode 17	
15:13	Space racers	Episode 18	
15:26	Franny's Feet	Episode 36	
15:49	Sissi the Young Empress	S03 Ep 011,12	
16:17	Animation: Legend Quest	Episode 15	
16:43	Le Petit Prince	Episode 9	
17:10	Series: Popularity Papers	Episode 14	
17:35	Kids Fitness With Emma	Episode 14	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Kwen Tapi	S6 Episode 8	
19:39	Lemonn Volonter -Margguerita Quilindo		
19:46	Lemonn Volonter Marie - Helene Adrienne		

20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		
21:00	Tête à Tête	Episode 21	
21:27	Series: The River	Episode 226	15
22:10	Series: Frankie Drake Mysteries	Episode 19	15
22:54	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
TUESDAY 15TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 15,16	
08:24	Animation: Looloo Kids	Episode 49,50	
08:49	Series: Larry the Wonder Pup	Episode 30,31	
09:25	Pare dan 15	Caesar Salad	
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 5	
11:00	Magazine: Eating Plants	S2 EP 3	
11:30	Magazine: Fierce Earth	S2 EP 4	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 2	PG
13:45	Doc: Maddy the Model		
14:30	Magazine: Collar of Duty	Episode 9	
15:00	Series: Sam Fox: Extreme Adventures	Episode 8	
15:25	Kuu Kuu Harajuku	Episode 31,32	
15:51	Animation: Jabu's Jungle	Episode 25	
16:14	Animation: Gus - The Itsy Bitsy Knight	Episode 19,20	
16:38	Animation: Semi in Magic Cube	Episode 5,6	
17:07	Animation: Galaxy Kids	Episode 13,14	
17:35	Series: Brain Buzz	Episode 26	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Documentary: The World From Above	Episode 8	
19:39	Lemonn Volonter Justin Freminot		
19:45	Lemonn Volonter Jefferson Isaac		
20:00	Nouvel		

20:38	Sports News		
20:53	Meteo		
21:00	Rekoleksyon	Episode 6	
21:27	Téléfilm: C'est Quoi Cette Famille		15
23:03	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
WEDNESDAY 16TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 17,19	
08:24	Animation: Looloo Kids	Episode 51,52	
08:49	Series: Larry the Wonder Pup	Episode 32,33	
09:25	Pare dan 15	Grilled Vegetable Pasta	
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Magazine: Destination Culture		
11:30	Documentary: Love Your Garden	Episode 7	
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 3	PG
13:45	Doc: Pandora's Box-Taboo Menstruation		
14:30	Series: White Fang	Episode 18	
15:00	Space racers	Episode 19,20	
15:26	Franny's Feet	Episode 37	
15:49	Sissi the Young Empress	S03 Ep 013,14	
16:20	Animation: Legend Quest	Episode 16	
16:52	Le Petit Prince	Episode 10	
17:30	Series: Popularity Papers	Episode 15	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Promnad dan Distrik	Episode 7	
19:39	Lemonn Volonter -Marie - Helene Ernesta		
19:46	Lemonn Volonter- Juliette Dine		
20:00	Nouvel		
20:38	Sports News		
20:53	Meteo		

21:00	Series: A Million Little Things	Episode 57	15
21:43	Series: The Split	S2Ep004	15
22:36	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
THURSDAY 17TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 20,21	
08:25	Super Why	Episode 1	
08:51	Series: Larry the Wonder Pup	Episode 34	
09:05	Series: Bushwhacked	Episode 6	
09:35	Doc: How The Wind Affects Climate Change		
10:30	Magazine: On The Pulse	Episode 3	
11:00	Magazine: Vanishing Food	Episode 3	
11:30	Series: Dog's Best Friend	S2 Ep011	
12:00	Magazine : In good Shape		
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 4	PG
13:45	Doc: The Business of Hope		
14:30	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	Episode 10	
15:25	Kuu Kuu Harajuku	Episode 33,34	
15:51	Animation: Jabu's Jungle	Episode 26	
16:14	Animation: Gus - The Itsy Bitsy Knight	Episode 21,22	
16:38	Animation: Semi in Magic Cube	Episode 7,8	
17:06	Animation: Galaxy Kids	Episode 15,16	
17:35	Series: Brain Buzz	Episode 27	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Focus on Africa - "Conversation"		
19:39	Lemonn Volonter- Rohan Albert		
20:00	Nouvel		
20:38	Sports News		

20:53	Meteo		
21:00	Telenovela: Wildflower	Episode 57,58	15
22:33	Series: Parade's End	Episode 5	15
23:32	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
FRIDAY 18TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel Spesyal		
08:00	Treble Chance 75 rpt		
08:08	Messy Goes To Okido	Episode 22,23	
08:32	Super Why	Episode 2	
08:57	Series: Larry the Wonder Pup	Episode 35,36	
09:25	Pare dan 15 - Scotch Egg		
10:00	Doc: Life In Germany's Largest Jewish Retirement Home		
10:30	Magazine: How Do They Do It	Episode 7	
11:00	Tout le Monde a la Plage	Episode 5	
11:30	Documentary: Love Your Garden	Episode 8	
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 5,6	PG
14:30	Series: White Fang	Episode 19	
15:00	Space racers	Episode 21,22	
15:24	Franny's Feet	Episode 38	
15:47	Sissi the Young Empress	S03 Ep 015,16	
16:17	Animation: Legend Quest	Episode 17	
16:41	Le Petit Prince	Episode 11	
17:08	Series: Swashbuckle	S1EP022	
17:35	Kids Fitness With Emma	Episode 15	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Konpetisyon Kiliner	Episode 3	
19:39	Lemonn Volonter - Cindy Alissop		
19:46	Lemonn Volonter -Jimmy Vel		
20:00	Nouvel		
20:38	Sports News		

20:53	Meteo		
21:00	Game Show: The Weakest Link	S4 EP 11	15
21:46	Series: NCIS Hawaii	S02 Ep015	15
22:28	Movie :Finding Ms Right		15
23:51	BBC World News		