

SBC1 TV PROGRAMME SCHEDULE			
SATURDAY 19TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 36,	
09:24	Animation: Monster Loving Maniacs	Episode 38,39	
09:50	The Drakers	Episode 23	
10:16	Animation: Bad Jelly	Episode 12	
10:39	Animation: Idefix and the Indomitables	Episode 3,4	
11:07	Series: Backstage	S02EP013	
11:30	Magazine: Rev		
11:58	Series: Jamie Johnson	Episode 45	
12:27	Series: Junior Bake Off	S08 Ep013	
13:15	Series: My Perfect Landing	Episode 1	
13:39	Series: Maggie & Bianca	Episode 54	
14:05	Series: Doctor X	Episode 4	
14:53	The Great Interior Design Challenge	Episode 7	
15:55	Comedy: Family Time	Episode 22	
16:19	Series : Like a Flowing River	Episode 37	
17:07	Series: Forever My Love	Episode 85	
18:00	Documentary: Are We Ready For Net Zero	Episode 3	
19:00	My Retro	S16 Episode 11	
20:00	Nouvel		
20:38	Sports News	Sports News	
20:52	Meteo	Meteo	
21:00	Series: CSI: Vegas	S1-EP008	
21:44	Movie: My Father's Killer		15
21:44	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
SUNDAY 20TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Refleksyon & Gospel Song		
06:13	Local NEWS+ Sport (rpt)		
07:00	Bonzour Sesel		
09:00	Regal Academy	Episode 37	
09:24	Animation: Monster Loving Maniacs	Episode 40,41	
09:50	The Drakers	Episode 24	
10:16	Animation: Bad Jelly	Episode 13	
10:39	Animation: Idefix and the Indomitables	Episode 5,6	
11:07	Series: The Primrose Railway Children	Episode 1	
11:37	Series: Itch	Episode 18	
12:00	Series: Born to Spy	Episode 7	
12:27	Comedy: The Neighborhood	Episode 83	
12:50	Series: Sanditon	Episode 6	
13:40	Manishad Festival		
15:40	Series: Be Careful With My Heart	Episode 70	
16:30	Family Movie: A Ring by Spring		PG
18:00	Series : Welcome to Milele	Episode 19	
19:00	Series: Going Home	Episode 1	
20:00	Nouvel		
20:38	Sports News		
20:52	Meteo		
21:00	Telenovela: Wildflower	Episode 59,60	15
22:34	Series: El Chapo	Episode 21	18
23:30	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
MONDAY 21ST SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
08:00	Messy Goes To Okido	Episode 24,25	
08:25	Super Why	Episode 3	
08:52	Series: We're Talking Animals	Episode 1	
09:25	Pare dan 15	Scotch Egg	
10:00	Dokimanter: Sou Maren	Scorpion	
10:16	Dis moi-Dix mots	Episode 2	
10:32	Magazine: Sucrément Bon	Episode 21	
11:00	Magazine: Close Up		
11:30	Documentary: Love Your Garden	Episode 9	
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 7	PG
13:45	Doc: The Big Four		
14:30	Magazine: Tomorrow Today		
15:00	Space racers	Episode 23,24	
15:26	Franny's Feet	Episode 39	
15:47	Sissi the Young Empress	S03 Ep 017,18	
16:15	Animation: Legend Quest	Episode 18	
16:40	Le Petit Prince	Episode 12	
17:11	Series: Popularity Papers	Episode 16	
17:35	Kids Fitness With Emma	Episode 16	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Kwen Tapi	S6 Episode 8	
19:39	Lemonn Volonter Johnny Jean Baptiste		
20:00	Nouvel		
20:38	Sports News		
21:00	Tête à Tête	Episode 22	

21:28	Series: The River	Episode 227	15
22:11	Series: Frankie Drake Mysteries	Episode 20	15
22:56	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
TUESDAY 22ND SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 26,27	
08:25	Super Why	Episode 4	
08:51	Series: We're Talking Animals	Episode 2	
09:25	Pare dan 15 Sweet and Sour Karang		
10:00	Magazine: Euromaxx		
10:30	Fitness Zone Plus	Episode 6	
11:00	Magazine: Eating Plants	S2 EP 4	
11:30	Magazine : Fierce Earth	Episode 5	
12:00	In good shape		
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 8	PG
13:45	Doc : Belize We are Maya		
14:30	Magazine: Collar of Duty	Episode 11	
15:00	Series: Sam Fox: Extreme Adventures	Episode 9	
15:26	Kuu Kuu Harajuku	Episode 35,36	
15:52	Animation: Jabu's Jungle	Episode 27	
16:15	Animation: Gus - The Itsy Bitsy Knight	Episode 23,24	
16:39	Animation: Semi in Magic Cube	Episode 9,10	
17:07	Animation: Galaxy Kids	Episode 17,18	
17:35	Series: Brain Buzz	Episode 28	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: The World From Above	Episode 9	
19:39	Lemonn Volonter Santosh & Georgette		
20:00	Nouvel		
20:38	Sports News		

21:00	Lopinyon	Episode 12	
21:54	Téléfilm: Parents à Perpétuité		15
23:22	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
WEDNESDAY 23RD SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 28,29	
08:24	Super Why	Episode 5	
08:51	Series: We're Talking Animals	Episode 3	
09:25	Pare dan 15 Moussaka		
10:00	Magazine: Eco India		
10:30	Magazine: Global Us		
11:00	Magazine: Destination Culture		
11:30	Documentary: Love Your Garden	Episode 10	
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 9	PG
13:45	Documentary: The Good Virus		
14:30	Series: White Fang	Episode 20	
15:00	Space racers	Episode 25,26	
15:26	Franny's Feet	Episode 40	
15:47	Sissi the Young Empress	S03 Ep 019,20	
16:19	Animation: Legend Quest	Episode 19	
16:48	Le Petit Prince	Episode 13	
17:25	Series: Popularity Papers	Episode 17	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine : Africa Eye		
19:39	Lemonn Volonter Marguerte AH - kon		
20:00	Nouvel		
20:38	Sports News		
21:00	4 Degre Sid	Episode 3	
21:53	Series: A Million Little Things		15

22:37	Series: The Split	S2Ep005	15
23:31	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
THURSDAY 24TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Messy Goes To Okido	Episode 30,31	
08:24	Super Why	Episode 6	
08:50	Series: We're Talking Animals	Episode 4	
09:12	Series: Bushwhacked	Episode 7	
09:37	Doc: Nature's Survivors		
10:30	Magazine: On The Pulse	Episode 4	
11:00	Magazine: Vanishing Food	Episode 4	
11:30	Series: Dog's Best Friend	S2 Ep012	
11:59	In good shape		
12:30	Nouvel		
13:00	Series: Broken Bonds	Episode 10	PG
13:45	Doc : Super Power Laughter " How Humor makes us Strong "		
14:30	Magazine: Eco Africa		
15:00	Magazine: Collar of Duty	Episode 12	
15:26	Kuu Kuu Harajuku	Episode 37,38	
15:52	Animation: Jabu's Jungle	Episode 28	
16:15	Animation: Gus - The Itsy Bitsy Knight	Episode 25,26	
16:39	Animation: Semi in Magic Cube	Episode 11,12	
17:07	Animation: Galaxy Kids	Episode 19,20	
17:35	Series: Brain Buzz	Episode 29	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Magazine: Focus on Africa - "Conversation"		
19:39	Lemonn Volonter Roger Alphonse		
20:00	Nouvel		
20:38	Sports News		

21:00	Telenovela: Wildflower	Episode 61,62	15
22:33	Series : Alex Rider	Episode 1	15
23:26	BBC World News		

SBC1 TV PROGRAMME SCHEDULE			
FRIDAY 25TH SEPTEMBER 2026			
Start Time	Programme Title	Episode Title	PG Rating
06:00	Bonzour Sesel		
08:00	Treble Chance 75 rpt		
08:08	Messy Goes To Okido	Episode 32,33	
08:33	Super Why	Episode 7	
09:00	Series: We're Talking Animals	Episode 5	
09:25	Pare dan 15 Plo		
10:00	Doc: Step Aside Panda		
10:30	Magazine: How Do They Do It	Episode 8	
11:00	Tout le Monde a la Plage	Episode 6	
11:31	Documentary: Love Your Garden	Episode 11	
12:31	Nouvel		
13:00	Series: Broken Bonds	Episode 11,12	PG
14:30	Series: White Fang	Episode 21	
15:00	Space racers	Episode 27,28	
15:25	Franny's Feet	Episode 41	
15:47	Sissi the Young Empress	S03 Ep 021,22	
16:15	Animation: Legend Quest	Episode 20	
16:41	Le Petit Prince	Episode 14	
17:07	Series: Swashbuckle	S1EP023	
17:32	Kids Fitness With Emma	Episode 17	
18:00	Flash d'Informations		
18:05	Topik Konversasyon		
19:00	News Headlines		
19:10	Konpetisyon Kiliner	Episode 4	
19:39	Lemonn Volonter Alexandrine Zelia		
19:45	Lo Ban Lesplanad - Amy Moumou		
20:00	Nouvel		
20:38	Sports News		

21:00	Game Show: The Weakest Link	S4 EP 12	
21:46	Series: NCIS Hawaii	S02 Ep016	15
22:28	Movie: Gourmet Detective 3		15
23:54	BBC World News		