GUIDE/WEEK 44 OF 2026

Time	Monday 02nd November 2026 ****UN NOUVEAU JOUR**** ***06 :00AM-09 :00AM** International Day to End Impunity for Crimes against Journalists
06:00AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05AM	Pensee Du Jour
06:10:00	**Casual Labour/Personal Announcements and Messages**
06:20:00	Weather Report-(Creole)
06:30:00	Rezime Nouvel
06:35:00	Death Messages
07:00 AM	News Summary
07:05 AM	Weather report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	**Commercial Announcements**
07.30AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	**Animasyon**
09:00AM	*******LUNCHTIME RANDEVOU-09:30AM-13HOURS*****
09:30 AM	**Animasyon**
10:15AM	**Death Messages**
10:30AM	**Animasyon**
11:00AM	**Annou Kree:** Kot bann oditer I partaz zot kreativite lo bann keksoz ki zot konn fer. I kapab kree en sanson, en sak vakwa, laranzman fler, DIY e lezot. Interview I kapab ganny rikorde oubyen envit patisipan dan studio.
12:05PM	**Announcements and Messages**
12:30PM	Rezime Nouvel
12:45PM	Death Message
01: 00PM	Kwen Detant
01:30PM	********* **TEA-TIME MUSIC-13:30 HOURS-17:30HRS*****
02:00PM	**Animasyon**
04:00PM	**News Round up (English & French back)**
04:15PM	**Animasyon**
05:30PM	*****SWARE AVEK RADYO SESEL-17:30HRS-22:00HRS *******
3:00PM	**Animasyon**
4:00PM	**Weather Update**

5:00PM	**Informations**
5:30PM	**Announcements and Messages**
6:00PM	******SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS****
Time	**Monday 02nd November 2026 UN NOUVEAU JOUR* 06 :00PM-10 :00PM**
6:00 PM	News Bulletin
6:30 PM	**Announcements & Messages**
7:00 PM	**Bilten Nouvel an Kreol**
7:30 PM	**Topik Konversayon:** Mr Alvin Laurence sekreter Deta (POVAB) Poverty Alleviation Department
8:30 PM	**Sesel An Kouler:** Dan programm sa mwan nou annan plizyer size parey lansman en nouvo liv resetbann pla a la baz pwason, en koup franse kin vin sesel plizyer fwa apre ki zot in tonm anmour ek sa pei, Lindy i amenn nou dan en rankont kot bann zanmi Reyonnen Rodrige e Seselwa i selebre ansanm festival kreol e lezot size ankor. **To be repeated on Thursday 05th November at 08:00am**
10:00 PM	**Followed by evening continuity**
Time	Monday 02nd November 2026-22:00 HRS TO 06:00 HRS
01:00 AM	**Theatre Radiophonique Anthologie du mystere:** A Tombeau ouvert
02:00 AM	**Fer Konesans**: Marie-May
03:00 AM	Music
04:00 AM	**Lemonn Travay:** Lemonn Travay – Sa mwan nou ganny plis detay lo bann diferan kalite konze ki travayer I benefisye avek, tel parey konze anyel, konze medical e compassionate leave
05:00 AM	**A La Carte:** Brochette pwason a la kreol
10:00 PM	**Gerizon tradisyonel:** Kadok
11:00 PM	Music
12:00 AM	Music

Time	Tuesday 03rd November 2026 *****UN NOUVEAU JOUR*** *06:00 AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour/Personal Announcements and Messages**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	**Death Messages**
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07: 10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	**Commercial Announcements**
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08: 00AM	Interview: Nouvo laranzman pou lanons ek mesaz lo SBC-Radyo Sesel
08:30am	**Lospitalite:** Dan programn sa semenn nou zwenn avek Minis pou Tourizm i donn en bilan lo sitaiasyon dan sekter Tourizm e osi retras aktivite alokazyon Lazournen Tourizm ki ti fer kot lekol STA **(Rpt)**
09:00AM	**********
0900 AM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
10:15 AM	**Death Messages**
11:00AM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
12:00PM	*********SEYLUNCH-12:00-18:00HRS********
12:05PM	**Announcements and Messages**
12:30 PM	**Rezime Nouvel an Kreol**
12:45PM	Death Messages
01:00PM	Kwen Detant- (Les melodies Françaises)
02:00PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
03:00PM	*******LANBYANS TROPIKAL-15:00HRS-18:00HRS**********
03:30 PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
4:00 PM	**Weather Update**
4:15PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
5:00PM	**Information**
5:30PM	**Announcements and Messages**
6:00 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**

Time	Tuesday 03rd November 2026 *****UN NOUVEAU JOUR**** *06:00 PM TO 10:00 PM*
6:00 PM	**News Bulletin**
6:30 PM	**Death Messages**
7:00 PM	**Bilten Nouvel Kreol**
7:30 PM	**Mon parkour Profesyonel:** Mon pakour Profesyonel sa mwan I anmenn ou dekouver parkour Msye Patrick Payet e Msye Andrew Figaro kin travay pou plizyer lannen kot SAA (Seychelles Airports Authority). **To be repeated on Thursday 05th November at 09:30am**
8:30 PM	**Lanmizik Nou Zil :** Dan programm sa mwan nou vwar louvertir festival kreol 2026 e osi spektak 5 kouler. **To be repeated on Monday 09Th November at 03:00pm**
9:30 PM	**Animasyon**
10:00 PM	**Followed by Continuity Broadcast**
Time	**22:00 HRS TO 06:00 HRS**
	Tuesday 03rd November 2026
12:00 AM	**Nature Watch:** Introduced mammals
01:00 AM	**Music**
02.00 AM	**Nou Lanvironman**: Programm Nou Lanvironman sa semenn I fer nou dekouver proze larivyer kin ganny fer par bann manm GAEA Seychelles e resers polisyon okazyonen par bann bato lapes dan nou lanmer, parmi lezot size ankor
03:00 AM	**Music**
04:00 AM	**Kapatya:** Pyes teat 'Sa vwayaz ti gratwit'
05:00 PM	**Kreasyon des zil:** Micheline Quatres en koudriyez
10:00 PM	**Nou Lanvironnman:** Dan programm nou koz lo meteo
11:00 PM	**Music**

Time	Wednesday 04th November 2026 *****UN NOUVEAU JOUR**** ** 06:00AM TO 09:00AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour Messages /Personal Announcements and Messages**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	**Death Messages**
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	**Commercial Announcements**
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:15 AM	Interview: Introduction of the SeyAlert App (Inerviwee-Mr. Daniel Cetoupe, Principal Secretary, Department of Risk and Disaster Management (DRDM) and Mr. Trevor Cupidon, Digitech (developer of the SeyAlert App)
09:00AM	*********SEYCHELLES MATIN-9:00HOURS-12:00HOURS **
09:00 AM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
10:15 AM	**Death Messages**
11:00 AM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
12:00 PM	**********SEYLUNCH-12:00HRS-15:00 H R S **********
12:05 PM	**Announcements and Messages**
12:30 PM	**Bilten Nouvel**
12:45 PM	**Death Messages**
1:00 PM	**Kwen Detant: - (Vye Paz)**
2:00 PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
3:00 PM	***LANBYANS TROPIKAL-15:00 HRS-18:00HRS**********
3:00 PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
4:00 PM	**Weather Update**
4:15 PM	**NATIONAL ASSEMBLY-LIVE FROM ILE DU PORT**
5:00 PM	**Informations**
5:30 PM	**Announcements and Messages**
6:00 PM	***SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS*

Time	Wednesday 04th November 2026 *****UN NOUVEAU JOUR**** *06:00 PM TO 10:00 PM*
6:00 PM	**News Bulletin**
6:30 PM	**Death Messages**
7:00 PM	**Bilten Nouvel Kreol**
7:30 PM	**Programm spesyal festival kreol:** Maryaz tradisyonel **To be repeated on Saturday 06th November at 10:00am**
8:30 PM	**Laz Dor:** Dan sa enn programm nou pou konn plis lo en Polisi ki pe ganny revize pou Popilasyon bann dimoun Aze e nou pou amenn zot dan en kozri kot bann zenn I zwe ek nou bann 3enm Az dan en aktivite Festival kreol **To be repeated on Friday 07th November at 08:00am**
9:30 PM	**Animasyon**
10:00 PM	**Followed by Continuity Broadcast**
Time	**22:00 HRS TO 06:00 HRS**
	Wednesday 04th November 2026
12:00 AM	**Leko lazenes:** Miss Beryl i donn konsey bann zenn
01:00 AM	**Music**
02.00 AM	**Lospitalite:** Dan programm sa semenn nou zwenn avek Minis pou Tourizm i donn en bilan lo sitiasyon dan sekter Tourizm e osi retras aktivite alokazyon Lazournen Tourizm ki ti fer kot lekol STA
03:00 AM	**Music**
04:00 AM	**Leko mizikal:** Douglas Parcou e Winsley Cedras
05:00 PM	**Dosye familyal**: Dan sa enn programm nou vwar proteksyon zanfan
10:00 PM	**Magazin Lasante:** Lazournen dyabet
11:00 PM	**Music**

Time	Thursday 05th November 2026 **UN NOUVEAU JOUR** *06 :00AM-09 :00AM* **World Tsunami Awareness Day**
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour Messages and Personal Announcements**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07: 05AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	**Commercial Announcements**
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00AM	**Sesel An Kouler**: Dan programm sa mwan nou annan plizyer size parey lansman en nouvo liv reset bann pla a la baz pwason, en koup franse kin vin sesel plizyer fwa apre ki zot in tonm anmour ek sa pei Lindy i amenn nou dan en rankont kot bann zanmi reyonnen rodrige e seselwa i selebre ansanm festival kreol e lezot size ankor. **(Rpt)**
09:00AM	******SEYCHELLES MATIN-09:00AM-12NOON*********
09:00AM	Animasyon
10:15AM	Death Messages
10:30AM	Mon parkour profesyonel
11:30AM	**The Challenge Hour:** The Spelling challenge -Oditer I telefonnen pou koz pou en minit lo en size san ki zot repet sa mo oubyen sa size plis ki de fwa.**((Talk for one minute)**
12:00PM	**********SEYLUNCH-12:00HRS-15:00HRS**********
12:05PM	**Announcements and Messages**
12:30PM	**Bilten Nouvel**
12:45PM	**Death Messages**
01:00PM	**Kwen Detant** (The Classics of the 90's)
02:00PM	**Animasyon**
03:00 PM	****-LANBYANS TROPIKAL 15:00HRS -18:00 HRS-17:30HRS****
03:00PM	Animasyon
04:00PM	**Weather Update**

04:15PM	**Envite**
04:45PM	**Depay ou Difil**:-Provide the listeners with a situation and get them to share their ideas and views of how they are going to get out of it. Or listeners share with other listeners certain daily life hacks- (**They should share their know-how live on air)**
05:00PM	**Informations**
05:30PM	**Announcements and Messages**

6:00PM	******SWARE AVEK RADYO SESEL-18:00HRS-22:00HRS****
Time	**Thursday 05th November 2026** **UN NOUVEAU JOUR** **06 :00PM-10 :00PM**
6:00 PM	News Bulletin
6:30PM	Death Messages
7:00 PM	**Bilten Nouvel an Kreol**
7:30 PM	**Studio Clinic:**
8:30 PM	**Memoires DÚn Continent**
9:30 PM	**Animasyon**
10:00PM	**Followed By Continuity Broadcast**
Time	Thursday 05th November 2026- HRS TO 06:00 HRS
01:00 AM	**Oli zot komela:** Lynn Rangasamy
02:00 AM	**Programm spesyal festival kreol:** Renesans moutya
03:00 AM	Music
04:00 AM	**Health Outlook:** Renal trauma
05:00 AM	**Kapatya:** Dan kapatya nou zwenn Marc Dubel e Joseph Sinon
10:00 PM	**Elle:** Women empowerment
11:00 PM	Music
12:00 AM	Music

Time	Friday 6th November 2026 *****UN NOUVEAU JOUR** *06:00 AM TO 10:00 **International Day for Preventing the Exploitation of the Environment in War and Armed Conflict**
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour Messages /Personal Announcements and Messages**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	**Commercial Announcements**
07:30 AM	Resume d'Informations
07:35 AM	Birthday Bash
08:00 AM	**Laz Dor:** Dan sa enn programm nou pou konn plis lo en Polisi ki pe ganny revize pou Popilasyon bann dimoun Aze e nou pou amenn zot dan en kozri kot bann zenn I zwe ek nou bann 3enm Az dan en aktivite Festival kreol **(Rpt)**
09:30AM	*******SEYCHELLES MATIN-09:00AM-12NOON***
09:00AM	**Animasyon**
10:15AM	Death Messages
11:00 AM	**Fon lanmal**
12:00PM	**********SEYLUNCH-12:00-15:00HRS*******
12:05PM	**Announcements and Messages**
12:30PM	**Bilten Nouvel an kreol**
12:45PM	**Death Messages**
01:00PM	**Kwen Detant- (Feel good Fridays)**
02:00PM	**Animasyon**
3:00PM	*********LANBYANS TROPIKAL-15:00HRS-18HRS**********
3:00PM	Animasyon
03:30PM	Animasyon
4:00PM	**Weather Update**
4:15PM	**Envite**
5:00PM	**Informations**
5:30PM	**Announcements and Messages**

6:00 PM	****SWARE AVEK RADYO SESEL-18:00 HRS-22:00HRS******
Time	**Friday 06th November 2026**
6:00 PM	**News Bulletin**
6:15PM	**Radio Religion: - Muslim Community**
6:30PM	**Announcements and Messages**
7:00 PM	**Bilten Nouvel Kreol**
7:30PM	**Living Planet:** Who put a hex weather? Once, stormas spark witch hunts. Today, conspiracy theorists blame secret government plots for extreme weather. Why do we search for hidden when disater strike?
08: 30PM	**Afro Club**:**Denise la reine de Madagascar confie depuis Tana** Cette semaine, escales sur les auteurs d'Antananarivo pour rancontre Denise une des voix populaires de la scene Malgache! Au programme egalement: Une edito sans concession sur les limites de l'etiquette Afrobeats, les secousse du Top 20 avec le retour fracassant de la fouine, les nouvelles mesures des deezer contre les titres generes par AI, et un homage vibrant a DJ Arafat dans notre notre jeu enteractif!
09:00PM	**Animasyon**
10:00 PM	**Moris letan lontan-Jonathin Agathin followed by the Continuity Broadcast.**
Time	**22:00 HRS TO 06:00 HRS**
	FRIDAY 06th November 2026
12:00 AM	**Odisyon:** Joseph Victor
01:00 AM	**Music**
02:00 AM	**Mozaik:** Dan programm sa semen nou pou amenn ou dan de aktivite ki lo kalandriye Festival kreol sa lannen, Bazar Domaine e Legzibisyon anba tenm Nou Pep Nou Lidantite Nou Desten kot 42 artis inn zwenn ansanm pou mont sa legzibisyon
03:00 AM	**Music**
04:00 AM	**Zistwar Kreol**: Medina ou latet terib
05:00 AM	**Vwazen vwazin:** Nou konn plis lo YRTC e osi ELS Products
10:00 PM	**Moris letan lontan**
11:00 PM	**Music**

Time	Saturday 07th ber2026 ****UN NOUVEAU JOUR**** 06 :00 AM TO 9 :30 AM*
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour Messages and Personal Announcements**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15 AM	**Commercial Announcements**
07:20 AM	Healthy Living
07:30 AM	Resume d'Informations
07:35 AM	Animasyon
08:00 AM	Dedications
09:00AM	Animasyon
10:00 AM	****** **LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM** ****
10:00 AM	**Animasyon**
12:05PM	**Announcements and Messages**
12:30PM	**Rezime Nouvel an kreol**
12:45PM	**Death Messages**
1:00 PM	**Animasyon**
1:30 PM	******SATURDAY SPORTS **13:30 HRS – 17 :30 HRS***
2:00 PM	Animasyon Sportif (Nouvel lokal e Enternasyonal)
3:45PM	**News Round up (English & French) Back-to-back**
4:00PM	Radio Foot
6:00 PM	***SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS***
6:15 PM	**Radio Religion: - Seventh Day Adventist**
6:30PM	**Announcements and Messages**
7:00 PM	**Bilten Nouvel an kreol**
8:30 PM	**Tik Tik dan kwen**: -Zedmo/Lekspresyon Imaze avek Enteraksyon piblik
10:00PM	**Followed by Continuity Broadcast**

Time	Saturday 07th November 2026 ******22:00 HRS TO 06:00 HRS*******
12:00 AM: Kannel	**Pwen Konversasyon:** Dan sa enn program nou koz lo proteksyon lanvironnman
01:00 AM	Music.
02:00 AM	**Nou sistenm Ledikasyon:** Dan progranm nou pou koz lo bann size parey: welcome to puberty, Education, Regatta, seremoni remiz sertifika e plizyer lezot size ankor
03:00 AM	Music
04:00 AM	**Ou lasante:** Lannemi
05:00 AM	**Seychelles Digital**: Rock exploration
10:00 PM	**Fer konesans**: Channel Joseph
11:00 PM	Music

Time	Sunday 8th November 2026 **UN NOUVEAU JOUR** 06 :00 AM TO 09 :30 AM World Radiography Day
06:00 AM	NATIONAL ANTHEM
06:01 AM	Sigtune & Introduction
06:05 AM	Pensee Du Jour
06:10 AM	**Casual Labour /Personal Announcements and Messages**
06:20 AM	Weather Report (Creole)
06:30 AM	Rezime Nouvel
06:35 AM	Death Messages
07:00 AM	News Summary
07:05 AM	Weather Report (Recap in English)
07:10 AM	Ou lazournen avek Radyo Sesel
07:15AM	**Commercial Announcements**
07:30 AM	Resume d'Informations
08:00 AM	**Animasyon**
09:00 AM	**Mass from St Paul's Cathedral**
10:30 AM	****** LUNCHTIME RANDEVOU-9:30 AM- 13:30 PM ***
10:30 AM	Death Messages
11:00 AM	**Randevou**
11:30 PM	Alo Les Iles
12:05PM	**Announcements and Messages**
12:30 PM	**Rezime Nouvel**
12:45 PM	**Death Messages**
01:00 PM	Animasyon
01:30 PM	******WEEKEND CAFE **13:30 HRS – 17 :30 HRS******
02:00 PM	Animasyon (Shout out pour laniverser maryaz/country & Western)
04:00 PM	News Round Up (English & French back-to-back)
05:00 PM	**Moris letan lontan with-Jonathan Agathin**
5:30 PM	****SWARE AVEK RADYO SESEL-17:30 HRS-22:00HRS**
06:15 PM	**Roman Catholic church**
06:30 PM	**Announcements and Messages**
07:30 PM	**Envite : Lontan Lo Zil-Henderson Moustache**
08:00PM	**Weekly Radio Guide**
08:15PM	**Animasyon**
08:30PM	**Envite : Lontan Lo Zil-Henderson Moustache**
09:00 PM	**Ou rapel sa enn-Francois Belmont**
09:30PM	**Teat:** Maria
10:00 PM	**Frenchy Box** with Jonathan Agathin followed by the Continuity Broadcast.

Time	Sunday 8th November 2026 ***** 22:00 HRS TO 06:00 HRS******
12:00 AM	**En par nou tradisyon:** Lavwar
01:00 AM	**Music**
02:00 AM	**Citizenship Matters:** Benefis group spesyal ki ofer pou dimuon avek dezabilite e dimoun aze.
03:00 AM	**Music**
04:00 AM	**Sesel samn frontyer**: Lil Long
05:00 AM	**Zistwar kreol:** La reconnaissance et l'ingratitude
10:00 PM	**Frenchy Box**
11:00PM	**Music**


RadyoSesel